

# NACC Winter 2025 Newsletter



## From the desk of the President

Dear Community Council Members,

Since November, a great deal has transpired, and I'm excited to update you on our progress. Most notably, we successfully secured our funding from the NAB branch, marking a crucial step in supporting our initiatives. Additionally, we've held two regional meetings, both of which were highly productive. While we're still learning as we go, these gatherings have proven invaluable for exchanging ideas and fostering collaboration.



Looking ahead, we are eagerly anticipating our upcoming Western Region meeting, where we are honored to have the Minister of Northern Affairs in attendance. Earlier this month, the Executive Board had the opportunity to meet with him in person at the PAS, and it was an incredibly productive session. We discussed pressing issues affecting our communities, including funding inefficiencies in current budgets, which we will continue to address moving forward.

We've also submitted resolutions to various ministers and are awaiting responses. We hope to arrange in-person meetings to discuss these matters further. Once these meetings are completed, we will develop a plan to present the outcomes and resolutions to our communities in the most effective manner. Our goal is to ensure everyone is informed and involved in the next steps.

In our next newsletter, we will summarize the key takeaways from our regional meetings, including the major concerns raised by the communities. This will be an opportunity to share valuable insights and ensure we remain aligned in our efforts.

I'm pleased to report that our Policy and By-Law workshop was a complete success. We managed to cover all the necessary ground, and the documents have been submitted to legal for review and recommended changes. Once those revisions are made, we'll present them to the Board and then to the membership for approval.

Our community members continue to reach out via emails and phone calls, and I want to assure you that we are here to assist in any way we can.

As always, remember: we are stronger together.

Warm regards,  
Sheryl Matheson

## From the Desk of the Executive Director

Welcome to the Winter edition of the NACC Newsletter. Initially I had an entire history on Lunar New Year prepared to include in this edition however realized that by the time this newsletter was going to be sent out Lunar New Year would be over. 2025 marks the year of the Snake and includes 1941, 1953, 1965, 1977, 1989, 2001, 2013, 2025...If you were born under this symbol, 2025 suggests that you focus on your health, avoid negativity, and you'll handle the year with confidence and success! Good Luck to those of you that bare this symbol.



Based on our President and Executive Reports, we can confidently say that we are continuing to work for our communities.

### **Annual General Conference, Meeting, and Tradeshow**

**SAVE the DATE – August 12-14, 2025** We are happy to share that we have confirmed August 12-14, 2025 as this years' Conference dates. Based on the survey responses sent out last fall, we will continue to host the event in mid-August and will remain at the same venue, Canad Inns Polo Park.

Last year's theme was about embracing change to better the communities we live in... For the past 5 months changes have been made with our membership communities in mind. Our 2025 conference theme is a continuation of these changes. We want our communities to feel empowered with their decisions. To move forward with the confidence knowing decisions are made with the best intentions and the best possible outcomes for the communities they represent. We hope that this year's theme, **“Empowering Communities for Sustainable Change”** does just that. Although we are in the very early stages of planning, we are excited for the speakers and idea's that are already in place and look forward to bringing you an update in our Spring edition. Stay tuned!

### **NACC Website**

Work has begun to update the NACC website. Although there have been some modifications over the years to the NACC website, we are needing to modernize the website in order to meet Provincial Accessibility Guidelines outlined by the province of Manitoba. Our existing website is outdated and does not meet the required standards for public accessibility. We have been consulting with a content strategist and are gathering quotes from a web developer in order to move this project forward. Our goal is to have a soft launch of the new website ready to showcase for our Annual General Conference, Meeting and Tradeshow in August 2025. Stay tuned for an update in the spring newsletter.

And finally, based on the 2024 Resolutions submitted at the Annual General Conference, Meeting and Tradeshow, letters to the appropriate Ministerial Departments have been submitted and we are waiting on meeting dates. A follow-up will be done at the end of the month.

It's hard to believe that it has been just 4 and a half months since officially joining the NACC Team. I have learned so much in my short time and look forward to continuing my learning. For those who I have had the privilege of working alongside, thank you for your patience, understanding, leadership, and dedication. I remain extremely grateful for the trust and support that has been shown to me by the Board and Staff of NACC. It has been a pleasure getting to know you and I look forward to working with you in the months to come. As you see we have accomplished a lot in a short time... can't wait to see the progress as we continue to move forward!

Tell next time... and remember, there is always time for a email or a call!

Warmest Regards,  
Andrea

## Report from Northern Chairperson - Glen Flett

Attended a Sustainable Forest Management Committee Meeting and field Tour at Canadian Kraft Paper in the Pas. Great opportunity to view the blocks that have been cut dating back from 1975-2015.

Attended and participated in the One North Artic Gateway Meeting in October together with President Matheson.

Attended the Executive Meeting and the Eastern Regional meeting hosted at South Beach Casino in Scanterbury, Manitoba in January, 2025

Attended the Meeting with the Minister Simard, Minister of Municipal and Northern Relations in The Pas Feb. 12, 2025

Attended the Executive Meeting and Northern Regional Meeting in Thompson Feb. 13, 2025

I maintain regular weekly communications with President Sheryl Matheson

At this time, I have had no calls or requests from communities in the Northern Region.



## Report from Eastern Chairperson - Eric Olson

Update on Canada Post Resolution: I have been in contact with Canada Post and they have advised that they presently interviewing applicants for an alternate Post Office. Hopefully we will have confirmation soon.

Attended a meeting with the community of Harwill at the Legislative Building with Minister Bushie and his staff including Deputy Minister Kevin McPike, and Bruce Gray regarding the road conditions in the community

Attended Orange Shirt Day Celebrations in the Community of Meadow Portage at the end of October

Attended Manitoba Beef Producers Meeting where Minister Kostyshyn was in attendance

Lunch with Federal Minister James Bezan with discussions on the Canada Post issues in our communities

Attended the Executive Meeting and the Eastern Regional meeting hosted at South Beach Casino in Scanterbury, Manitoba in January, 2025

Attended the Meeting with the Minister Simard, Minister of Municipal and Northern Relations in The Pas Feb. 12, 2025

Attended the Executive Meeting and Northern Regional Meeting in Thompson Feb. 13, 2025

I encourage communities in the Eastern Region to reach out if I can assist in any way.

I maintain weekly and ongoing communications with President Matheson



## Report from Western Chairperson - Harold Fleming

Meeting with Spence Lake Council regarding grader contract and working with the Dept. on insurance for tractor

Garden Contract out with MNR doing the tendering

Working with Duck Bay trying to find out why they lost their fishing licence

Truth and Reconciliation Dinner in the community Oct. 27, 2024

Additional community events and activities like Orange Shirt Day Celebration, opening of the Skating Rink, local card tournament

Attended the Executive Meeting and the Eastern Regional meeting hosted at South Beach Casino in Scanterbury, Manitoba in January, 2025

Attended the Meeting with the Minister Simard, Minister of Municipal and Northern Relations in The Pas Feb. 12, 2025

Attended the Executive Meeting and Northern Regional Meeting in Thompson Feb. 13, 2025

A reminder for all communities in the Western Region, we will be hosting a Regional Meeting on Friday, March 21 at the Best Western Board Room in Dauphin, Manitoba beginning at 1pm. Minister Simard has expressed interest in attending and it would be great to have representation from all community councils in the region. We ask that you register in advance by contacting Wendy at the NACC office at 204-947-2227 ext. 1 so that we can accommodate. There will be a virtual option to participate as well

And finally, I maintain regular contact with President Sheryl Matheson with updates and concerns





**EASTERN REGIONAL MEETING HELD AT SOUTH BEACH CASINO AND RESORT ON JAN 10, 2025**

The January 2025 NACC Executive Board meeting and Eastern Regional Meeting took place at the South Beach Casino and Resort on January 10th, 2025. Representatives from Berens River, Bissett, Dauphin River, Harwill, Loon Straits, Manigotagan, Matheson Island and Seymourville attended the meeting. NACC Board shared various updates of NACC and upcoming plans of NACC.

## Policy Committee 3 day meeting - January 17-19, 2025



**3- DAY MEETING OF POLICY COMMITTEE HELD IN WINNIPEG JAN 17-19, 2025**

The 3-day meeting of Policy Committee took place in Winnipeg, at the Canad Inns Destination Centre Polo Park, from January 17th-19th, 2025. The meeting aimed to conduct a comprehensive review of NACC by-laws and policies.

The Policy committee consist of a NACC board member, at least one representative from each region and staff members of NACC.

- Sheryl Matheson, President
- Lloyd Flett, Norway House, Diane Trumbula, Meadow Portage and Karen Kristianssan , Harwill / Berens River were nominated by community members, voted by a selection committee and were invited to participate in this 3 day meeting. Lloyd, Diane and Karen brought in their experience and expertise.
- Nick Slonosky, CD, BComm (Hon), LLB, MSc, ICD.D, CIC.C, Instructor and Supervising Lawyer of the L Kerry Vickar Business Law Clinic, together with Kassandra Taverner and Lisa Haydey, year 4 Juris Doctor students of University of Manitoba, participated in this meeting, provided legal advise and support through out the meeting and bring back all the discussions, provide drafts to the Policy Committee for review and Board consideration.



The February 2025 NACC Executive Board meeting and Northern Regional Meeting took place at the Ma-Mow-We-Take Friendship Centre, Thompson on February 13th, 2025. Representatives from Cormorant, Cross Lake, Herb Lake Landing, Norway House, Wabowden attended the meeting in person / virtually. NACC Board shared various updates of NACC and upcoming plans of NACC.

## How to join a virtual meeting via teams?

### Microsoft Teams [Need help?](#)

[Join the meeting now](#) ←

Meeting ID: 123 123 123 123

Passcode: AbCdEFGH12

#### Dial in by phone

[+1 431-815-9093,,123456789#](#) Canada, Winnipeg

[\(833\) 387-4419,,123456789#](#) Canada (Toll-free)

[Find a local number](#)

Phone conference ID: 123 456 789#



In your email invite, select [Join the meeting now](#).

You can also use a dial-in number and conference ID from the email to call in.

You have four choices:

- **Download the Teams app:** Download the Teams app on your computer / phone.
- **Continue on this browser:** Join a Teams meeting on the web.
- **Open your Teams app:** If you already have the Teams app, go right to your meeting.
  - o Type your name.
  - o Choose your audio and video settings.
  - o Select **Join now**.
  - o Depending on meeting settings, you'll get in right away, or go to a lobby where someone in the meeting will admit you.
  
- **Use the phone number** provided to dial in to the meeting.

# Northern Healthy Food Initiative Program - Important Dates



The Northern Healthy Foods Initiative is supported by:



Photos courtesy of Camperville, Homebrook-Peonan Point, Meadow Portage and Spence Lake Community Food Champions (2021).

Program Name: Deadline to apply

Winter Gardening 'Seeds of Change': February 15<sup>th</sup>, 2025

Spring Gardening 'Seeds of Change': June 15<sup>th</sup>, 2025

Poultry: March 31st, 2025

Beekeeping: May 1<sup>st</sup>, 2025

Food & Gardening Equipment: May 30<sup>th</sup>, 2025

Community-led Food Workshops- Spring, Fall, 2025

NHFI Grant-Based 'Special Projects':

Composting Tower Garden Greenhouse

To apply contact your local Community Food Champion

or the NACC NHFI Program Coordinator, Nadine Tonn at [programnhfi@naccmanitoba.com](mailto:programnhfi@naccmanitoba.com),

204-947-2227 ex. 2 or Toll-free 1-888-947-6222

## Northern Healthy Food Initiative - Recipe



### TRADITIONAL MEDICINES : COLD & FLU

#### CHAGA

GOOD HEALTH: LUNG HEALTH, HEART , DIABETES, CANCER LIVER, STOMACH

#### SPRUCE TEA

RELIEVE COUGH, SORE THROAT AND CHEST

#### BALSAM

INCREASE BLOOD FLOW, CLEARS PHLEM, RELIEVE COUGH

#### LABRADOR TEA

TREATS BREATHING PROBLEMS, SORE THROATS, CHEST CONGESTION, COUGHS, LUNG INFECTIONS, HELPS SORE MUSCLES

#### JUNIPER

USE FOR COLDS, COUGHS AND CONGESTIONS

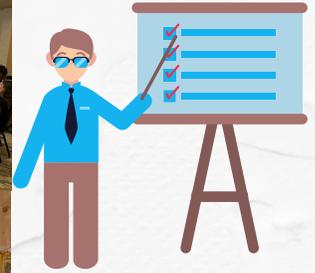
#### RAT ROOT

CLEARS NASAL AND AIRWAY PASSAGES

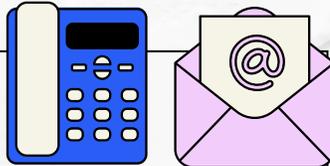
\*IF SYMPTOMS PERSIST, PLEASE CONTACT YOUR LOCAL HEALTHCARE PROVIDER.

HAVE A SAFE AND HAPPY WINTER SEASON!





### NACC Staff

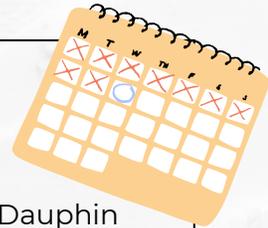


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### Mark your calendar



**Tentative schedule:**  
Western Regional: Mar 21, 2025 - Dauphin  
Annual General Conference - Aug 12-24, 2025

**Resource for new council members**  
Find out more on your role, and other related information by visiting the Government of Manitoba Department of Municipal and Northern Relations website:  
<https://www.gov.mb.ca/mr/northern/community-docs.html>

*Thank you for reading!*

<p><b>NORTHERN ASSOCIATION OF COMMUNITY COUNCILS</b></p>	<p>204-947-2227 TOLL FREE: 1888-947-6222</p>
<p><a href="http://www.naccmanitoba.com">www.naccmanitoba.com</a></p>	<p>9-395 Berry Street, Winnipeg, MB, R3J 1N6</p>
<p>Please feel free to contact us with your comments, pictures or article suggestions, or to request additional copies.</p>	
<p>We acknowledge that Manitoba is located on the Treaty Territories and ancestral lands of the Anishinaabeg, Anishininewak, Dakota Oyate, Denesuline and Nehethowuk Nations, the ancestral lands of the Inuit, and the homeland of the Red River Metis.</p>	