



FALL NEWSLETTER

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Every Child Matters

215 child sized shoes were placed on the front of Thompson city hall on May 30th, 2021 for a memorial for the lost lives of the indigenous children discovered in Kamloops, B.C.

Countless unhealed wounds were reopened on May 28th as the discovery of 215 Indigenous children were found in an unmarked grave near the residential school in Kamloops, B.C. Many are hoping for further investigations into the other schools across Canada to locate more unmarked burial grounds. *“For years, Indigenous leaders and allies have been calling on the federal government to help them find their lost people. The news of the gravesite located in Kamloops has made their cry that much louder. Using the same ground-penetrating-radar equipment at all former residential schools in Canada would be a significant step forward in reconciliation.”* – Serena Lapointe, Local Journalism Initiative Reporter, Whitecourt Press June 7th, 2021.

The Sioux Valley Dakota Nation here in Manitoba had already begun searching for cemeteries and unmarked graves back in 2012 with university researchers and have located 104 possible bodies of Indigenous children between three sites near the school’s property, matching 78 of them to burial records from the school.

“We must honor the memory of the children who never made it home by holding the Government of Canada, churches and all responsible parties accountable for their inhumane actions,” Bone said. *“There is more work to be done to bring truth to the atrocities afflicted on the children who are our parents, grandparents and great grandparents.”* – Chief Jennifer Bone of the Sioux Valley Dakota Nation.

As many shíshálh Nation councillors want to move ahead to find more specifics about deaths, there are some that do not want too due to the painful memories but Paull is reticent. *“I believe the stories that were told to me. I don’t need to hear it again. It’s the way forward that concerns me,”* he said. – Hiwus (chief) Warren Paull, Coast Reporter by Sophie Woodrooffe.

Lou-ann Neel went one step further at the memorial site she assisted, asking if the shoes could be given out to Indigenous child in need. *“I asked every person after they placed it, ‘Would you mind if I made sure these got out to children who need them?’”* Neel said. – reporter Jon Azpiri, Global News. Neel used her connections, reaching out to parents in the community, asking them to spread the word through social media. So far, more than 75 pairs of shoes have been given to Indigenous children in need, along with countless stuffed animals.

To date, there has been over 5,000 unmarked grave sites located in Canada, with many more residential school sites to be searched. The U.S.A. has also started looking into the schools that they operated due to the discoveries made in Canada and as the Native Americans pleaded with their government for funding to search for answers. It has become an international movement to stop the continued mistreatment of Indigenous peoples and to show action will be taken to allow healing to truly start. If you or anyone you know is affected by this story, please contact the resources listed below.

Mental Health Resources

24-hour National Crisis Line

Toll Free: 1-866-925-4419

Manitoba Suicide Prevention & Support Line (24/7)

Toll Free: 1-877-435-7170 reasontolive.ca

Klinik Crisis Line (24/7)

Phone: 204-786-8686 Toll Free: 1-888-292-7565

First Nations and Inuit Hope for Wellness Line

Toll Free: 1-855-242-3310

Thompson Mobile Crisis Team

Phone: 204- 778-1472 Toll Free: 1-866-242-1571

Hope North Crisis Response

204-778-9977

Manitoba Farm, Rural & Northern Support Services

(24/7) Toll Free: 1-866-367-3276

supportline.ca

NON-CRISIS

Canadian Mental Health Association Parkland

(Swan River) 204-734-2734

Anxiety Disorders Association Manitoba

204-925-0600 Toll Free: 1-800-805-8885

Mental Health Education Resource Centre (MHERC)

204-942-6568 Toll Free: 1-855-942-6568

mherc.mb.ca

Substance Use and Other Resources

Youth Addictions Centralized Information Line

Toll Free: 1-877-710-3999

Native Addictions Council of Manitoba

204-586-8395

nacm.ca

Manitoba Addictions Helpline

Toll Free: 1-855-662-6605

mbaddictionhelp.ca

RAAM Clinic (Thompson)

204-677-7300 Toll Free: 1-866-291-7774

sharedhealthmb.ca/services/mental-health/raam-clinic

Nelson House Medicine Lodge

204-484-2256

medicinelodge.ca

Pegius Al-Care Centre

204-645-2666

pegiusal-care.ca

Sagkeeng Mino Pimatiziwin Family Treatment

Centre 204-367-2172

sagkeengfamilytreatment.ca

Whiskyjack Treatment Centre (Norway House)

204-359-8995

Truth Before Reconciliation:

8 Way to Identify and Confront Residential School Denialism

In its 2015 final report, the Truth and Reconciliation Commission was clear: “Without truth ... there can be no genuine reconciliation.” The problem, the commissioners explained, is that “too many Canadians know little or nothing about the deep historical roots” of the ongoing issues stemming from settler colonialism generally and residential schooling specifically.

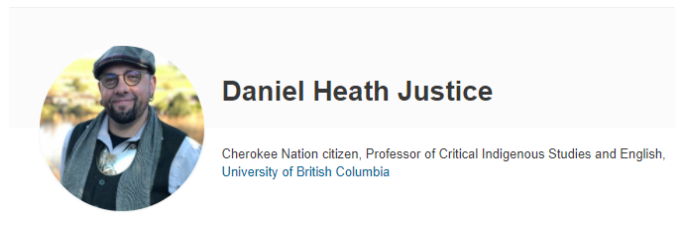
Embracing truth is all the more difficult for some because many Canadians still associate residential schooling with the positive images church and state officials used to propagandize and promote these institutions as humanitarian projects.

Such “positive” framings of residential schools justify ongoing colonial policy approaches that continue to harm Indigenous Peoples today.

Rejection, misrepresentation of basic facts but lack of accurate historical knowledge is not the only barrier to truth and genuine reconciliation. There are a handful of figures — former senator Lynn Beyak, Conservative Party Leader Erin O’Toole, Conrad Black and others — who have openly engaged in denialism.

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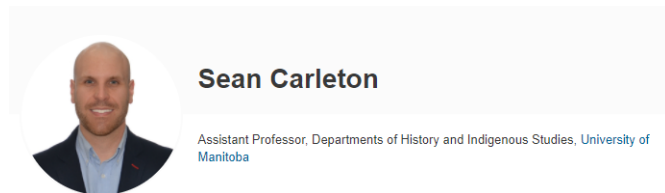
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Partners

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University of British Columbia and University of Manitoba provide funding as members of The Conversation CA-FR.

Lynn Beyak was suspended without pay in 2019 from the Senate after refusing to remove racist letters posted to her website about residential schools. THE CANADIAN PRESS/Chris Wattie.

Residential school denialism is not the outright denial of the Indian Residential School (IRS) system’s existence, but rather the rejection or misrepresentation of basic facts about residential schooling to undermine truth and reconciliation efforts.

Residential school denialists employ an array of rhetorical arguments. The end game of denialism is to obscure truth about Canada’s IRS system in ways

that ultimately protect the status quo as well as guilty parties.

Residential school denialists begin and end with a firm belief in innate Indigenous deficiency and settler innocence, often rooted in Christian triumphalism. Their ranks include missionary apologists, writers and academics, right-wing and anti-Indigenous editorialists and relatives of residential school staff who uncritically refer to personal memory and work to defend their family reputations. These are neither informed nor objective commentators.

Avoiding truth, rushing reconciliation

Murray Sinclair, the TRC's chair, has recently argued that residential school denialism is on the rise and real reconciliation is at risk.

Canada, Sinclair suggests, is rushing reconciliation and leaving the truth behind. In light of recent announcements of unmarked children's graves across the country, now is the time to confront the truth about Canada's IRS system and, in the process, disprove and discredit denialism.

The following glossary is the start of an inventory of some common contortions used by denialists to try to undermine the overwhelming documentary and testimonial evidence of widespread, multigenerational, systemic and ongoing violence of the IRS system.

1. Genocide: The destruction, in whole or in part, of a nation or an ethnic group. In spite of the United Nation's expansive official definition, denialists strategically narrow the term "genocide" to ethnic cleansing events modelled on the Holocaust. Contrary to historical evidence, denialists contend that genocide is not applicable to Canada.

The TRC's final report shows how Canada's treatment of Indigenous Peoples fits the definition of genocide, specifically explaining how the residential school system was a form of "cultural genocide." Some denialists jump on this categorization to suggest that "cultural" genocide is

not genocide. That is incorrect. The Canadian Historical Association has recently clarified that genocide is, in fact, the correct term to be using in the Canadian context.

Read more: Canada's hypocrisy: Recognizing genocide except its own against Indigenous peoples

2. School: A place where children are taught a variety of academic subjects. Physical assault, sorting of children according to racist assumptions and on the basis of ability and class have long histories in Canadian education. But the particular combination of factors distinguish residential schools from comparative schooling contexts. These factors include: racist assimilationism; cultural shaming and sexual violence combined with multi-generational collusion of church and state; the explicit aim of isolating children to neutralize community resistance to government control.

Denialists often make false comparisons between boarding schools and the violent carceral institutions known as "residential schools." Canadian policy meant that for more than 100 years and multiple generations, Indigenous children were removed from their families and cultures to institutions where many were abused, malnourished, trafficked to local white families and inflicted with substandard education focused on manual labour and servitude — while government also systemically dispossessed Indigenous lands and resources.

3. "But they learned new skills": Given little meaningful academic or effective vocational instruction, "new skills" taught in residential institutions included religious indoctrination enforced by corporal punishment and myriad forms of abuse, cultural and bodily shame, alienation from family, disconnection from subsistence economies and substandard orientation for wage labour.

Church and state officials often justify this "education" in humanitarian — even sacred —

terms. But all of these “skills” directly supported the destruction of Indigenous ways of life and the ostensible training of children and youth for lower-class “productive” service positions. Indigenous children were not put on vocational or professional paths towards economic or social competition in Canada’s capitalist settler society.

4. “They had good intentions”: No matter how many bodies are found, how many people testify to the lifelong traumas of extensive abuse at the hands of church officials and teachers, denialists evoke the “good intentions” of some school officials as justification for their maintenance of a genocidal school system for over a century.

5. “You’re ignoring all the good things”: Anything at all that made life bearable under a dominant violent context of staff-inflicted cruelties, deprivations and separations from friends, family and home is cited by denialists as a “good” of residential schooling to absolve churches of culpability. Denialists insist on focusing on a minority of individualized, positive recollections from the schools as part of a strategy to discredit those who draw attention to the overall, systemic genocidal effects of the IRS system. Even the Anglican Church of Canada, which ran approximately 30 per cent of residential schools across the country, has clarified that “there was nothing good” about a school system that sought to “kill the Indian in the child.”

6. Balance: An equal weighting of different elements. Denialists often engage in a form of bias known as “false balance” to wrongly suggest that



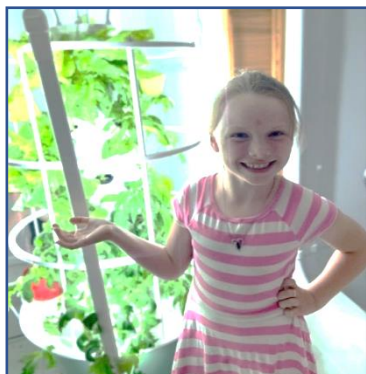
Members of the Tsuut’ina Nation take part in a silent march in Calgary in memory of the 215 unmarked graves found at Kamloops, B.C.
THE CANADIAN PRESS/Jeff McIntosh

the “good” and the “bad” of residential schooling were equal parts of the “whole story.” The insistence on focusing on “positives” to provide “balance” fundamentally misrepresents the scholarly consensus, supported by overwhelming survivor testimony and backed by historical research, that the overall effects of the system are genocidal.

7. “It was of the times”: The idea that we can’t judge the past by the values of today. This notion wrongly suggests that no one judged the IRS system harshly during its operation. In fact, Indigenous parents, students and community leaders, church employees and even the Department of Indian Affairs’ own medical expert critiqued the system “in their own times.” However, powerful church and state officials chose to downplay and discredit dissent and resistance for over a century to protect the IRS system so that it could continue to support settler colonialism and Canadian nation-building — as a way of protecting their assets and defend against litigation.

8. Civility: What some settlers demand from Indigenous people when their denialism is publicly called out, challenged and discredited. Indigenous anger, sadness and refusal are labelled as uncivil and excluded from so-called mainstream dialogue. By contrast, our public institutions accommodate public settler anger and outrage used to defend denialists. Overall, residential school denialism is a strategy used to manipulate and undermine the realities of Indigenous Peoples’ painful experiences under Canadian colonialism to protect the status quo. An honest accounting of the past makes possible an honourable future — but only if Canadians have the courage to face it. As the TRC reminds us, we must have truth before reconciliation — anything less will only perpetuate the harms of that history.

If you are an Indian Residential School survivor, or have been affected by the residential school system and need help, you can contact the 24-hour Indian Residential Schools Crisis Line: 1-866-925-4419.



IRNR Northern Healthy Foods Initiative Program:

NACC in collaboration with the Indigenous Reconciliation and Northern Relations (IRNR) provides communities access to this funding resource. The Northern Healthy Foods Initiative's (NHFI) encourages people to define their own food systems to access healthy foods in northern Manitoba.

Our goals are:

1. to increase food security efforts at the community level
2. to strengthen community-led development

NHFI supports local and regional projects that contribute to the development of culturally relevant, healthy food systems, while improving health and well-being. NHFI's role is to increase access to food by working with communities and coordinating efforts aligned with the program's goals and objectives. Our strategic priorities are to:

1. Strengthen strategic partnerships and collaborative efforts to support local food production and access. Partnerships are intended to increase community access to resources and opportunities, build on community development efforts, facilitate the sharing of knowledge and experiences and reflect the uniqueness of communities.
2. Enhance support for local efforts, including strengthening community-led approaches that reflect cultural values.

NHFI Partners:

- Bayline Regional Roundtable
371 Fleming Dr. Box 108
Wabowden, MB ROB 1S0
Ph: 204-689-2598 Fax: 204-689-2355
Email: baylinerrt@outlook.com
Administrator: Carol Sanoffsky
Administrative Assistant: Donna Sanoffsky
- Northern Association of Community Councils
Unit 20, 395 Berry St Winnipeg, MB R3J 1N6
Ph: 204-947-2227 Fax: 204-947-9446
Email: programnhfi@naccmanitoba.com
Program Coordinator: Trinette Konge
- Four Arrows Regional Health Authority
500-338 Broadway Winnipeg, MB R3C 0T2
Ph: 204-947-2397 Fax: 204-982-3359
Email: info@fourarrowsrha.org
Program Manager: Byron Beardy
- Food Matters Manitoba
422 Notre Dame Ave. Winnipeg, MB R3B 1R1
Ph: 204-943-0822 Fax: 204-943-0823
Email: info@foodmattersmanitoba.ca
Program Coordinator: Demian Lawrenchuk

To learn more about all the NHFI programming offered through NACC, please check out our NHFI tab at naccmanitoba.com. If you don't want to miss a 'beet,' 'bee' sure to sign-up to receive regular NHFI email updates here: naccmanitoba.com/nhfi/news/

Northern Market Trail Project (NMTP)

We are pleased to announce that with approval from project funder, Community Regional Economic Development (CRED), NACC partnered with the Uptown Emporium in Flin Flon to deliver the Northern Market Trail Project. This partnership provided the venue and tools for the project to continue, both virtually and in storefront, under a new name and location. Through the Flin Flon Arts Council, the Uptown Emporium will continue outreach and support for both artisan and program champions to market various creations from the north locally, nationally and internationally.

If you are someone who would like to turn your homemade, homegrown items into a profitable endeavor or wish to provide support for artisans in your community, contact the Uptown Emporium and get involved! Are you connected to northern communities and would like to try your hand at being a champion?

The Uptown Emporium would love to hear from you!

Uptown Emporium, Flin Flon Arts Council

In December 2020, the Flin Flon Arts Council initiated a pilot project taking on the title “Uptown Emporium”. The focus was to create a platform for crafters and artisans to market their products in the midst of restrictions implemented during the Covid-19 pandemic. Today the Uptown Emporium is an e-commerce site, physical storefront, photography centre, and a drop shipping warehouse.

Back to the beginning, the 40th Annual Christmas Arts and Craft Sale, a Flin Flon Arts Council fundraiser, could not provide a ‘business as usual’ event; taking the challenge to a success by creating a virtual space for local hand-crafted products. With seed money from Community Futures Greenstone and Flin Flon Credit Union, a space was rented on Flin Flon’s Main Street in November 2020.



The Flin Flon Arts Council hired a part time employee and used the new venue as a window gallery, photography centre, and inventory warehousing space. The Uptown Emporium mounted a display on the window to optimize the space for featuring links of the vendors products. This enabled consumers to submit their purchase to the store and to select curbside pick-up or delivery options for shipping within Canada.

It quickly became apparent that there was both a need and demand for this type of activity in the north. The Uptown Emporium began to facilitate services to local vendors on a scheduled basis while expanding their online presence. Website developers were contracted to restructure the website making it both consumer and vendor friendly.

Vendors from further afield in Northern Manitoba connected with the Uptown Emporium to join the online store and it became apparent that this project was a great opportunity to support northern artisans in their economic development. In addition, the project also offered consumers, local and abroad, an avenue to discover new products by talented makers throughout the north.

In a conversation with a Look North Advisor, they were encouraged to connect with an initiative called “The Real Northern Experience”. It was at this meeting that the Uptown Emporium connected with potential partners who had an understanding of the project's concept for northern development.

Just this past May, the Uptown Emporium team was approached by the Northern Association of Community Councils (NACC) to discuss a potential partnership with The Flin Flon Arts Council. The NACC not only understood the project's vision, they provided the foundation to propel it forward as they too had a project compromised by the pandemic called the "Northern Market Trail Project". Through the shared vision, partnering of the two initiatives, additional staff were hired and expansion of the initiative followed.

Starting with 11 vendors just nine months ago, the Uptown Emporium now promotes and vends the works of over 50 artisans (and growing) from Northern Manitoba! Products for sale have grown from 300 items in December 2020 to over 600 items presently online and 250+ items waiting to be processed. It is worth noting that as items sell, new items are added daily to the stock so that the quantity is steadily increasing as more vendors join. The sales increased from approximately 50 sales per month to now over 200.

From the beginning it was obvious that the ambitions of The Northern Association of Community Councils, The Uptown Emporium and The Flin Flon Arts Council for the north aligned. As an example: This past summer, The Uptown Emporium team moved forward on finding Artisan Champions in locations throughout Northern Manitoba. The role of these Champions is to discover and support local artisans towards their personal development through access to the tools provided through various platforms. To date, four Artisan Champions located across Northern Manitoba support this vision and liaise on behalf of the project towards finding new makers.

The Uptown Emporium continues to seek such engagement so if you are interested in acting as an Artisan Champion or to sell your creations, please contact them!

Sophia Charuk, Project Administrator, Ph: (204) 687 - 4913 www.uptownemporium54.com



*Congratulations Uptown Emporium on your
2021 Economic Development Awards Nomination!*

Community Events – Take the Cake!



Duck Bay's Humanity Day Parade

On July 1st, Duck Bay Lighthouses Coordinator, **SherriAnn Thompson**, organized a Humanity Day parade. The event name change from Canada Day was initiated by SherriAnne to embrace a more meaningful celebration for all. The parade, consisting of many floats, orange balloons, streamers, etc., handed out goodies to all who came out to celebrate. With the support received from **WASAC, Right to Play, Duck Bay Recreation** and **Healthy Together Now**, the parade was followed by water/swim activities. Many took the opportunity to cool off from the day's heat and participate ending the day with a game of bingo and a slice of the delicious Humanity Day cake created by community volunteer **Krissy O'Quinn**.



The activities continued in Duck Bay throughout the month of August! It was packed with events ranging from baseball to Mosi Moo Dance & Arts Camp to RTP teens and Lighthouse Food Supply Run for HTN Free Food Bingo! Credit to **Mayor John Campbell**, Community Council and Duck Bay Recreation for all of the community service. The joy and celebration brought to the community, especially during such trying times was greatly appreciated. It appears that there is always something fun going on in this community.

Wabowden Canada Day Celebration

Congratulations to the Canada Day event winners and participants in Wabowden this past June. There were many wonderful entries! There was a Family Canada Day Photo Contest which ranged from just you and your family to decorating the yard to create a dynamic backdrop. "Tin-Tin Thomas" stole the show for 'Dress up your Dog' day. Sticking with the event theme, **Sheryl McIvor** created a teepee cake in honour of Indigenous culture and it was stunning. Bravo Sheryl. The final event was 'Wagon Decorating' and what a wagon it was!

Wabowden Canada Day event winners:

Family Canada Day Photo Contest: [Patricia Thomas](#)

Dress up your dog contest: [Patricia Thomas](#)

Canada Day cake decorating contest: [Sheryl McIvor](#)

Wagon decorating contest: Jaylene Pierone [Cheyanne Flett](#)

The Kids jiggig Competition was held in August on Manitoba Métis Federation (MMF) Day! There was a Bannock contest, kids' races, hot dogs and other snacks. MMF and the Wabowden recreation team had prizes available for the contest winners! To cap the month off, there were men's/women's/co-ed category canoe races and a slow pitch tournament. Photos of the event can be found on the Wabowden Facebook page Wabowden Talk X2 <https://www.facebook.com/groups/1754538008098985>.

Training Opportunities and Safety

Manitoba Trappers Mandatory Trapper Education

204-295-1512 email: mta@mts.net

manitobatrappers.com/trapping-in-manitoba/

Any Manitoba resident wishing to obtain a trapping licence is required by regulation to satisfactorily complete the Trapper Education Course.

To obtain a Manitoba Trapping Licence you must:

1. Be a resident of Manitoba (no licenses are available to non-residents), and...
2. Be at least 12 years of age, and...
3. Successfully meet the mandatory Manitoba Trapper Education requirement or have previously held a valid trapping licence in any jurisdiction.



Manitoba Public Insurance

In Winnipeg: 204-985-7000 Toll Free: 1-800-665-2410

Deaf Access TTY/TTD: 204-985-8832

mpi.mb.ca/Pages/orv-safety.aspx

MPI offers ATV and UTV safety information videos on their website.

Whether on a snowmobile or an all-terrain vehicle (ATV), following the rules and regulations of driving an off-road vehicle (ORV) will ensure a safe ride.



MANITOBA
PUBLIC INSURANCE

Safety Services Manitoba – All Terrain Vehicle (ATV) & Utility Task Vehicle (UTV) Training

SSM offers ATV and UTV safety training at our facility, but we can also bring the training to you through our ATV Train the Trainer program.

ATV Training provides hands-on practical training which will be held at a pre-determined location and will cover the following:

- Correct operating procedures
- Pre-ride checklists
- Appropriate attire

- Move off and stop
- Braking and balancing techniques
- Slow speed controls
- Traversing hills
- Traveling on rough terrains

Complemented with written and practical skill assessments throughout the course, ATV training will provide students with a thorough understanding of principles, practices, and hazards associated with the operation of an ATV. Certificates will be issued upon successful completion of the course.

Learn more about ATV Train the Trainer here:

safetyservicesmanitoba.ca/occupational-safety-home/train-the-trainer-courses/atv-train-the-trainer/



Manitoba Crime Stoppers

Phone: 1(800) 222-8477 (TIPS)

manitobacrimestoppers.com

This program provides a safe and anonymous way for the Manitoba public to pass on information to local police agencies. Tipsters can report information about any non-urgent illegal activity.

Manitoba Office of the Fire Commissioner

firecomm.gov.mb.ca/home.html

To safeguard both people and property from fire and life safety hazards through education, investigation, emergency response and code application.

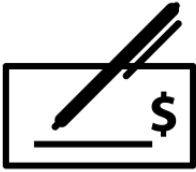
For tips, videos and other important safety messages visit Fire & Life Safety Education web page.

Arson Prevention (Red River Mutual)

Tel: 1(204) 324-6434 Toll Free: 1(800) 370-2888

redrivermutual.com/safety-guides/arsonprevention

Most arson fires are started outdoors. Don't make it easy for an arsonist to start a fire or easy for a fire to spread to other buildings. The following are some preventative tips for you to reduce malicious fires.



Safeguarding Your Community's Financial Assets

(Reprint IRNR *Community Contact* November/December 2008)

While financial fraud in the communities isn't common, it has happened. This information is intended

to help create awareness of the potential for fraud in the communities and provide advice on how to prevent it from happening.

Every council member has a personal responsibility to protect community assets from misuse, theft or fraud. This includes never assuming someone else is safeguarding them. The following information will help council members protect community assets.

Council Meetings

Attend regular council meetings, which should be held monthly.

- Ensure resolutions are passed to approve all payments.
- Ensure minutes of past meetings are complete and accurate before approving them by:
 - Checking your notes from previous meetings to ensure minutes were recorded correctly.
 - Comparing your approved payments list from the previous meeting to the list included with the minutes.

Financial Statements

- Monthly financial statements should be presented at every council meeting.
- If financial statements are not available on a monthly basis, it may indicate that:
 - The community administrative officer (CAO) or other office staff need additional resources or training.
 - Fraud potential may exist.
- When reviewing the monthly financial statements:
 - Compare the current month to last year.
 - Look for large variances between months.
 - Compare the current month and year to date figures with the budget.
 - Ask questions to find out why any variances exist.
 - Ensure you understand how to read the balance sheet and income statement.

Bank reconciliations

- Reconcile the bank statement to the general ledger each month.
- Complete reconciliation by the 20th of the following month.
- If the bank statement is not reconciled to the general ledger:
 - Financial statements may be incorrect.
 - The CAO or other office staff may need training.
 - Fraud potential may exist.
- When reviewing a completed bank reconciliation:
 - Check that the ending balance on the bank statement matches what is shown on the bank reconciliation.
 - Review the outstanding deposits list. Deposits should not be outstanding for more than one week.
 - Look at cancelled cheques for changes to amounts or the payee.
 - Look for cheques signed by only one person.
 - Check that the bank reconciliation balances. This means the ending bank balance plus outstanding deposits plus outstanding cheques should equal the general ledger balance.

Advances

- Policy F6 in the Northern Affairs Manual of Policies and Procedures (formerly the Local Government Development of Policies and Procedures), of which each IRNR community has a copy, states:
 - Under no circumstances are councils to give payroll advances, honorarium advances or loans.
 - Cash advances are permissible only for **travel** and, with council approval, for a council member or employee.
- Advances are a quick and easy way for council to lose money since:
 - Money might not be repaid.
 - Records of the actual balance owing may become confused.
 - Cheque log/listing may become confusing when

council is no longer issuing consistent payroll amounts, or is issuing more than one cheque to an employee per pay period.

- A travel advance must not exceed 80 per cent of funds required for the trip.
- Travel advances may cause problems because:
 - The travel advance might not be deducted from the expense claim.
 - An expense claim might not be submitted and expenses such as hotel charges might be directly billed to the community.
 - The trip could be cancelled and the advance not repaid.
- Travel advances should not be issued until all previous travel advances have been settled.

Signing Cheques

- Cheques signing authority is a responsibility that should not be taken lightly.
- For your own protection, ensure you sign cheques only for purchases that have been approved by council.
- It is against department policy F6 to sign blank cheques:
 - If you sign a blank cheque, you have no control over whom the cheque is issued to or if it is for an approved expenditure.
 - The signed cheque could be stolen.
- Although it is against department policy, the signing of a blank cheque may occur. If this is the case, ensure you implement some controls:

- Do it only on occasion if no other cheque signers are available.
- Do not make it a standard practice.
- Record the cheque numbers that were blank when you signed them.
- Review those cheques/cheque log and supporting documentation after the cheques are issued.
- When signing authorized cheques:
 - Review the cheque log/listing from Simply Accounting. Watch for cheques issued to the same payee and for duplication of payments.
 - Review the supporting documentation and look at statement balances (ex. MTS, Hydro) to see if the previous balances were paid.
 - Review pay cheques calculations, check the hourly rate, number of hours and deductions.

Watch for signs of financial difficulties, such as late payments, vendors calling, late payment charges/penalties and use of reserve funds for operating expenses. These could be signs that the community's funds are being used for unapproved expenditures.

By being aware of financial issues that might occur in your community, you can help protect the community's assets. If you have any questions, call the IRNR Northern Affairs Branch at 204-945-2510, your assigned IRNR Municipal Development Consultant or visit gov.mb.ca/inr/resources/community-docs.html.

Hiking for Food Security



If you missed our spring newsletter, Daniel Couture (former principal of École Communautaire La Voie du Nord in Thompson) walked from Lynn Lake to Brochet raising money and awareness of food security and reliance on winter roads for some communities. As of this writing, the GoFundMe has exceeded its goal of \$3,000! Way to go Daniel, and thank you for bringing more attention to the communities and how important it is from them to be connected to all parts of the province.

You can find his first article "Brochet Winter Road" at naccmanitoba.com/newsletters to learn more about his journey.

Looking Back –Spence Lake, The Community

A page (Chapter Two – Page 7) taken from the 1992 publication “Spence Lake History” compiled by the Spence Lake History Book Committee and published by the Manitoba Heritage Federation:

The community of Spence Lake is approximately forty miles north of Ste. Rose du Lac. When the Department of Northern Affairs came into existence the Spence Lake community was combined with two other communities and ceased to exist as a separate entity in the eyes of the province and resulted in the virtual elimination of Spence Lake as a separate community.

In 1987, Ken and Victoria Zeilig compiled a collection of interviews with former residents of a Metis community which no longer had a town of their own. The title of the book was *St. Madeline – Community without a Town* and the residents of Spence Lake wanted to do something about the loss of their community while the opportunity still existed or they knew they could end up in a similar situation.

This was important to the residents primarily to preserve their culture and heritage and to honour the first families that moved to and settled in the area and who descendants still remain there. But the Spence Lake Manitoba Metis Federation members also recognized the importance of managing their own community affairs and having some control over their own destiny and they knew that control could not be achieved without a land base to work from.

The Manitoba Metis Federation local members, NACC members and representatives of the Aboriginal Women of Manitoba began lobbying to convince provincial authorities to re-establish their community.

However, there were some opponents to the Spence Lake restoration who argued that Spence Lake had never been a community and therefore had no community status to restore. The people of Spence Lake began to investigate different sources to prove Spence Lake’s existence as a community based on the definition that:

*A community is a group of people living together and/or sharing something in common.
A community should also have its own church, school and ethnic origin.*

Spence Lake had its own mission (church), The Spence Lake School and a strong Metis heritage so the people of Spence Lake began to assemble proof of the existence of the mission, school and heritage in order to assure any doubters that Spence Lake was, indeed a community [...]

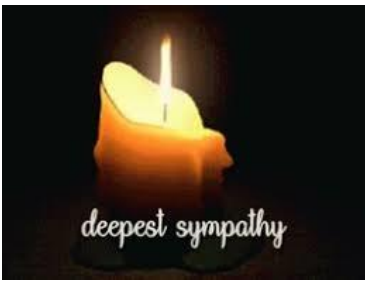
As a result of the combined lobbying of many people, Spence Lake received “independent community status” effective April 1, 1989 and was no longer under the jurisdiction of Meadow Portage. [...]

IRNR Minister Lagimodiere, Visits Communities

The Minister of Indigenous Reconciliation and Northern Relations Dr. Alan Lagimodiere visited a number of the **NACC** communities this past summer introducing himself to a number of our Community Councils. The communities visited include: **Wabowden, Nelson House** and **Sherridon** to name a few. The visits were welcomed and appreciated by all who had the pleasure of meeting Minister Lagimodiere and sharing a story or two. The Minister has more community visits planned for the near future.



*June Chu, NACC Northern Vice Chair,
Wabowden Community Council Member and
IRNR Minister Lagimodiere*



In Remembrance

The NACC Board of Directors and Staff would like to extend sincere condolences to the family and friends of **Maurice Clemons**. Maurice served the community of **Thicket Portage** as both Mayor and Councillor for a combined 22 years.

The Journey of Brigette Lacquette – From Mallard to the 2018 Olympics

Brigette Lacquette was born in Dauphin but grew up in the community of Mallard. Her Father is from the O-Chi-Chak-Ko Sipi First Nations of Manitoba while her mother is from the Cote First Nations of Saskatchewan. She also has an older sister named Tara and a younger brother Taren, both of whom play hockey.

Brigette starting playing hockey at the young age of four and was introduced to hockey by her father and cousins. There were no hockey rinks in Mallard at that time, so her father built one for her in their own family yard. By the time she was five, Lacquette knew she wanted to play in organized hockey, and her father began taking her to the nearest indoor rink, located in the community of Winnipegosis. As she grew up, she started facing a lot of racism at hockey games.

“Dirty Indian” and “go back to the reserve” were part of many taunts she encountered, not only on the ice but also from tournament fans, parents of hockey players and even a few of her own teammates. Although she thought about quitting the sport many times, Brigette, with the support of her father, decided to continue to play hockey. Lacquette's father has expressed pride at his daughter's perseverance: "She basically kicked that door over and knocked it down and it's not a barrier anymore in her life, and that's something that's important for not only her but anybody who's faced a barrier in their life."



At this time, she is playing for the Calgary section of the PWHPA and the Canadian national team, playing defence. Lacquette has played for the University of Manitoba Bisons and at the NCAA level at the University of Minnesota-Duluth. “The most naturally talented player to ever come through our program” is how Shannon Miller, a former head hockey coach of Lacquette would describe her. In 2018, the hockey stick she used in the Olympic has been placed in the Hockey Hall of Fame in the diversity exhibit to honour her accomplishments in becoming the first, First Nations woman to make the Canadian Women’s Olympic team and help them bring home the silver medal. She was also featured on the cover of Elle magazine along side Sarah Nurse and Hanna Bunton.

Community Reminders

December 3rd, 2021

International Day of People with Disabilities.

IRNR deadlines coming up:

November 30th, 2021

Deadline for Community Infrastructure audits.

January 8th, 2022

submit quarterly goods and services tax refund and payroll report to MEBP administrator

January 10th, 2022

Submit Building Sustainable Communities application and Hometown Green Team grant application to Manitoba Municipal Relations

Funding and other Community Supports

Indigenous and Northern Relations (INR):

gov.mb.ca/inr/

Manitoba Indigenous Reconciliation and Northern Relations is focused on supporting healthy, safe and sustainable Indigenous communities.

Manitoba Chambers of Commerce:

mbchamber.mb.ca/initiatives-resources/covid-19-tools-resources/

The Manitoba Chambers of Commerce is a champion for sustainable economic growth leading to greater prosperity for business and communities in Manitoba.

#RESTART COVID-19 Manitoba info

gov.mb.ca/covid19/

Manitoba launched the Pandemic Response System (PRS) to help Manitobans to be aware of the risks, response and recommended actions they should take.

Community Economic Development Fund:

cedf.mb.ca tel: (204) 778-4138

Provides business assistance services for aspiring entrepreneurs and business of any size.

Cando Inspiring Success

edo.ca 780-990-0303 Toll Free:1-800-463-9300

To build capacity which strengthens Indigenous economies by providing programs and services to Economic Development Officers.

Cando offers scholarships annually to Indigenous students and deadlines are August 1st and November 1st. Find out more at indspirefunding.ca/cando

Canadian Tire Jumpstart

jumpstart@catire.ca 1(877) 616-6600

JumpStart has partnered with Canadian Tire to offer physical activity equipment to communities. The program supports community organizations to expand their recreation programming for financially disadvantaged children and youth to help them get active.

Please visit their site for the latest update on when the Fall application will be re-opened as it has been pushed back due to COVID-19



Futurpreneur Canada

futurpreneur.ca tel: (204) 292-8158

Aged 18-39? Get an experienced mentor to help guide you to success. Apply Now! To get connected with a business development expert, visit futurpreneur.ca and fill out the submission box or call (431) 336-2759

The Winnipeg Foundation – Growing Active Kids

wpgfdn.org/ 204-944-9474 Toll Free 1-877-974-3631

Grants are available to charitable groups by providing educational or recreational opportunities to children and youth. There are COVID-19 Emergency Grants as well as the Emergency Community Support Fund.

Healthy Together Now

Heathlytogethernow.net email: htninfo@gov.mb.ca

Healthy Together Now is a community-led, grassroots program.

Program goals include:

- Supporting communities that lead prevention activities.
- Encouraging organizations, communities, regions and governments to work together to help prevent chronic disease.
- Building on and blending with existing prevention programs, and developing new ones.
- Increasing communities' knowledge and ability to run prevention programs for a variety of chronic diseases.

Healthy Together Now (HTN) funding is not ongoing or annual funding. It provides start-up funding, to support communities to start a project, deliver or carry out the project, evaluate results and enhance or expand the HTN project by working towards sustainability in the community.

Halloween Safety by Canadian Red Cross

<https://www.redcross.ca/>

WeCare@redcross.ca 1-800-418-1111

With witches, goblins, and super-heroes descending on neighbourhoods across Canada, the Canadian Red Cross offers parents some safety tips to help prepare their children for a safe and enjoyable trick-or-treat holiday.

The Northern Manitoba Food, Culture, and Community Collaborative (NMFCCC)

nmfccc.ca/grants.html 1(204) 990-1215

Culturally-appropriate food-related Community Economic Development (CED) and Cultural Reclamation is the focus of this collaborative. As a collaborative, they value shared-learning, reciprocity, respect and working with communities in a committed way. Successful applicants will have the opportunity to take part in networking and shared-learning opportunities to help projects grow and inspire other communities.

Kidsport Manitoba

kidsport.ca/manitoba/ tel: (204) 925-5914

Kidsport provides grants for kids from families facing financial barriers so they can participate in registered sport programs and experience the lifelong benefits of sport. Clubs eligible for KidSport funding must be active members of their Provincial Sport Organization (PSO). A list of eligible PSOs can be found on the Sport Manitoba website: www.sportmanitoba.ca

Grants are for sport registration fees; travel, competitions, uniforms and camps are not eligible for funding. Grants cannot be issued to programs/seasons that have already concluded. Application deadline is the 15th of each month.

American Express in the Community - Cultural Heritage

<https://www.americanexpress.com/ca/en/corporate-and-social-responsibility.html>

email: amexcanadafoundation@aexp.com

American Express believes that serving communities is not only integral to running a successful business it is part of their responsibility as citizens of the world.

They do this by supporting not-for-profit organizations that are:

- Preserving and enriching our diverse cultural heritage
- Developing new leaders for tomorrow
- Encouraging community service where our employees and customers live and work.

The Allstate Foundation of Canada

allstate.ca/webpages/about/foundation.aspx

The Allstate Foundation of Canada was established in 1977 to provide donations and grants to non-profit, registered charitable organizations in Canada. They support organizations and initiatives that focus on fostering an environment of inclusion, involvement and empowerment for those who experience barriers to participation – whether it be within their community, career, or personal life. Their two main pillars are investing in our community through grants and in-kind contributions, and empowering employees to get involved by giving back.

Does your organization or project align with their social impact focus? Please send funding inquires to foundation@allstate.ca.

Multi-Material Stewardship Manitoba (MMSM) – Municipal Services Program

stewardshipmanitoba.org tel: (204) 953-2010

MMSM is a not-for-profit, industry-funded organization that provides support and funding for the province's residential recycling programs. The program is operated under the Packaging and Printed Paper Stewardship Regulation 195/2008, a regulation under the Waste Reduction and Prevention (WRAP) Act. MMSM works on behalf of manufacturers, retailers and other organizations that supply packaging and printed paper to Manitobans. These businesses pay fees to MMSM, which are used to reimburse municipalities for up to 80% of the net cost of their residential recycling system.

The organization is governed by a Board of Directors that represent:

- Grocers
- Consumer products
- Beverages
- Alcohol beverages
- Retailers
- Printed paper
- Restaurants

Remote and First Nations communities that are only accessible by winter roads, ice roads and/or rail access, can apply for Multi-Material Stewardship Manitoba's (MMSM) Municipal Recycling Funding Payments with a reduced list of MMSM's mandatory materials.



FRCN Conservation Area Initiative

Fisher River Cree Nation Chief David Crate

When I was growing up, the Fisher River was so clear you could see pebbles on the river bed. Our lakeshore beach used to be filled with people enjoying the cool, clean water. Our boats would come back to shore with enough fish to earn a good living. Our forests were filled with moose and deer to feed our community.

Today, algae has sullied Lake Winnipeg. Our beach is eroded. Our river is dirty and no longer fit for swimming. The moose are nearly gone. Many of the wetlands which once served to filter the water entering Lake Winnipeg have been lost.



Fisher River Cree Nation Chief David Crate

We need a comprehensive plan to responsibly manage our land and water so our grandchildren's grandchildren can enjoy the lifestyle many of us take for granted. We need to create new jobs and opportunities so our children stay close to home instead of leaving us for the bright lights of the city.

Our aim is to support and complement the Fisher River Integrated Watershed Management Plan and the Icelandic River and Washow Bay Creek Integrated Watershed Management Plan. The plans were developed by the East Interlake Conservation District in partnership with watershed residents, local municipalities, Fisher River Cree Nation, Peguis First Nation and the Province of Manitoba.

Fisher River Cree Nation is leading the Conservation Areas Initiative to develop a conservation plan for our region that will support many watershed management goals and spur sustainable economic development. The study area consists of more than 934,000 hectares within the south eastern Interlake Region stretching from Riverton in the south to Kinnow Bay Provincial Park in the north. We do not expect every piece of this area to be protected: we are studying the broad needs of the region in order to develop an appropriate and balanced conservation plan. The area we are studying is Fisher River Cree Nation's Traditional Notice Area.

For communities experiencing a similar initiative, please check out the information about the Initiative, including our map gallery and engagement package, please visit the project website at frcnconservation.ca. We encourage interested parties to submit their views and comments through the project website at any time using the link: frcnconservation.ca/comment/

If you have any questions or concerns, please feel free to submit them through the comment link above, or by contacting Project Manager Liz Murdock at info@frcnconservation.ca or tel: 204-308-0156.



Photo cred: Trevor Gill



Photo cred: Trevor Gill

Recipe Share and Call out!

Old Fashioned Chicken and Rice Soup by Bev Trumbula.

"I've had this recipe forever just written on a piece of paper in my recipe book. I use this all the time."

Prep time: 15 minutes

Cook time: Roughly 1 hour

Serves 6

Ingredients:

| | | |
|----------------------|----------------------------|---------------------------|
| 1/4 cups Butter | 1 Onion (chopped) | 1 Carrot (diced) |
| 1 Rib Celery (diced) | 1/2 lb Raw Chicken (diced) | 1/3 cup All Purpose Flour |
| 3 cups Chicken Stock | 1/2 tsp Salt | 1/4 tsp Pepper |
| 2 cups Milk | 1/2 cups Rice | |

Directions:

1. In a large sauce pan melt the butter. Add in the onion, carrot and celery and cook for 5 minutes until tender.
2. Add chicken, cook for 3 minutes until chicken loses its raw appearance. Sprinkle with flour, cook 3-4 minutes browning lightly.
3. Add chicken stock and bring to a boil. Season with salt and pepper and cook for another 15 minutes.
4. Add milk and bring to a boil, add rice and cook uncovered for 5 to 10 minutes.
5. Taste to adjust seasoning.

This recipe is in the **NACC Cookbook**. If you want to have your recipe showcased or add to the cookbook, fill out the printable recipe form on the NACC website providing as much detail as possible and then either email Sara, the Administrative Assistant (adminasst@naccmanitoba.com), fax it to: 204-947-9446 or drop it in the mail.

Two Part Workshop Series

Launching My Indigenous Startup

Part One: November 16, 3PM EST

Part Two: November 18, 3PM EST

futurpreneur



"At Futurpreneur Canada, we support Indigenous entrepreneurs aged 18-39, helping them launch or buy their own business. With up to \$60,000 in financing, an expert mentor for up to two years, and access to resources, we're here to help young entrepreneurs bring their business plan to life."*

Take the first step in turning your dream into reality. Contact us today or join us for our Launching My Indigenous Start-up Workshops – Sign up below: <https://www.futurpreneur.ca/en/indigenous> or call at 204-296-2694!

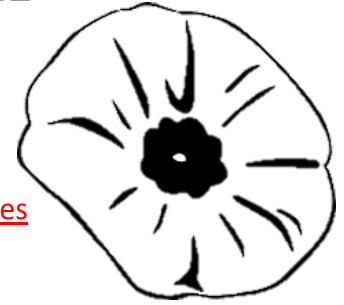
Remembrance Day – Thursday, November 11th, 2021

We Shall Not Forget.

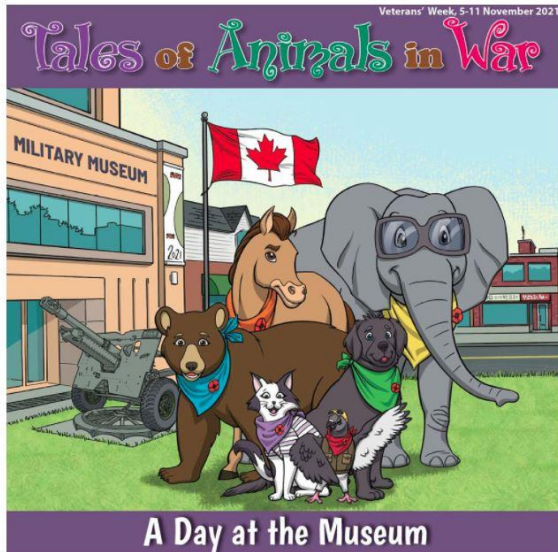
Veterans Affairs Canada www.veterans.gc.ca

Veterans' Week Learning Resources

www.veterans.gc.ca/eng/remembrance/get-involved/veterans-week/learning-resources



A Day at the Museum



Cover photo of the Tales of Animals in War (Ages 5-11).

Visit veterans.gc.ca to find age-appropriate classroom materials to help them understand why we honour those who served Canada in times of war, military conflict and peace.

They have resources, lesson plans and activities for all ages as well stories from those who have served.

Publications, posters, postcards and more printed materials can be purchased through the webpage.

NACC 51st AGM

With our province now well into the fourth wave of COVID-19, we are disappointed to announce that our in person 2021 AGM will again be postponed. We are continually exploring options on how to go forward during these times; however, numerous challenges limit the means to host such engagement with the lack of connectivity in most of our member communities being the major obstacle.

We are accepting Community Council Resolutions through-out the year to facilitate our ongoing community engagement during this unprecedented time. Please do not hesitate to request our assistance to address government engagement for the betterment of community life. Whether in regard to community safety, roads, water, housing, disposal sites and so much more, engage us and we will work with you to influence change.

Please watch your mailbox and email for updates and voting forms in the months ahead. We are required under the Manitoba Corporation Act to have membership vote on several areas of our operations and will be sending Community Council offices both email and hardcopies of the voting forms to be completed.



About NACC

Incorporated in 1971, the Northern Association of Community Councils is a non-profit group representing the interests of 48 northern and rural Community Councils under the jurisdiction of Indigenous Reconciliation and Northern Relations (IRNR). NACC promotes and facilitates sustainable community development by:

- *Encouraging the development of local services on behalf of member communities.*
- *Ensuring that physical, social, and economic development in our communities remains a priority for the government.*
- *Providing information for the sustainable use of natural resources.*
- *Coordinating and consulting on community-based projects and promoting self-sufficiency.*
- *Acting as a channel for effective communication and cooperation between communities, business, and governments.*
- *Providing associates with information and opportunities through the annual conference for the resolution of community issues.*

OUR GOAL...

Is to promote and encourage wherever possible the development of local government; and to assist in the improvement of services and the physical, social and economic development of all member northern communities of the NACC.

If you would like your NACC Regional Chairperson to visit your community or attend a meeting, please contact the NACC office.

IS THERE SOMETHING MISSING?

If there is something you would like to see included in the newsletter, please let us know!

We want to hear from you!

Feel free to contact Sara, the Administrative Assistant with article ideas, letters or upcoming event that you would like included.



NACC Board and Staff

Reg Meade: *President*

Helgi Einarsson:
Eastern Chairperson

Glen Flett:
Northern Chairperson

Eric Olson:
Eastern Vice-Chairperson

June Chu:
Northern Vice-Chairperson

Lorne Huhtala:
Western Vice-Chairperson

Wanda Mowatt:
Eastern Secretary/Treasurer

Freda Parenteau:
Northern Secretary/Treasurer

Harold Fleming:
Western Secretary/Treasurer

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