

Winter Newsletter 2020

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COVID-19

Currently, the Northern Region of Manitoba, as well as the rest of the province is under the Critical level Red for the Provincial Response.

From the Board and Staff at Northern Association of Community Councils; we wish everyone to <u>stay</u> <u>healthy, stay safe and stay home if you are feeling unwell.</u>





A Canadian Charity providing practical humanitarian support to northern, indigenous and remote communities in Canada through grassroots projects.

Apply for supplies, project funding or COVID-19 support: truenorthaid.ca/apply-for-aid/

Community Elections

Congratulations to all the new and returning Council Members!



We look forward to working for and with you!

To the communities who have had to postpone their elections due to COVID-19, we look forward to your updates.

Shout out to Moose Lake for sharing some wonderful council swearing in photos.



Mayor Fergus Campbell, (top right) Councillor Dolcey Fournie and (bottom right) Councillor Clifford Ballantyne.

Photo credit: Freda Parenteau

Learn more or get updates about your role as an elected council member or mayor, and other helpful information on the Government of Manitoba Department of Indigenous and Northern Relations website: gov.mb.ca/inr/resources/community-

docs.html

MNP Review of INR Programs

Hard to believe it has already been a year since Northern and Indigenous Relations (INR) hosted two regional meetings to engage the NACC communities in the departmental review process being conducted by MNP. INR had sent out a letter on October 29th, 2019 to the community council offices advising of the review and set up regional meetings for December 4th & 5th in Thompson and December 10th & 11th in Winnipeg. Within the same letter it was noted that it was just the beginning of the process and that there would be additional meetings with communities as the work progressed.

During the initial meetings of December 2019, MNP set up several groups of council members and CAOs to participate in their questionnaire, while a MNP delegate took record of the discussions within each grouping. Several participants noted that the information recorded was not always being transcribed correctly, while others shared that they felt conflicted and awkward sharing their opinions and views while seated in groups that included strangers, fellow council members, superiors or staff.

Fast forward to February 2020. NACC Board and Staff requested and engaged in several meetings with MNP and INR to inquire about process, updates and go forward. MNP presented their proposed four phase work plan, outcome options and timeline for next steps.

The NACC Board and Executive Director expressed serious concern with what was being presented. Discussion ensued around the lack of meaningful community engagement (to date no MNP staff member has set foot in one of our communities for engagement), the lack of attention to each community's history, uniqueness, issues and the continual reference to our communities as 'municipalities'. Also observed was that at times the data presented was in part; incorrect, inaccurate, incomplete, lacking transparency in its source and deficient in scope.

Although the Board and the NACC Staff have requested of INR, on numerous occasions (verbally, electronically and written), to engage in meaningful, in person, community consultation, we have yet to receive any commitment or communication that this will occur. We feel it is an essential aspect of the review process.

Due to delays in part caused by the pandemic, the engagement of MNP for the INR consultation in all likelyhood has extended beyond the timeframe contracted. The MNP \$500,000 consultation services agreed to have most likely been exhausted and in response the INR is pushing to complete the review and move forward with the recommendations presented. We will continue to advocate on behalf of our communities on this matter.

It is crucial for you to take part in raising your voice on this process as the outcome <u>WILL</u> define what your community looks like and how it is managed in the coming years.

NACC 50th AGM

The Manitoba Corporations Branch has extended "The Emergency Measures Act" ordering the temporary suspension of corporate meetings to March 30th, 2021. This will give us time to assess restrictions and guidelines that are in place due to COVID-19 and work towards an AGM member engagement solution.

As it stands today, we are not able to have an inperson conference but we are hopeful that in the new year we can have at minimum a 'regional' (perhaps in four locations connected to each other virually) in person version of the AGM once we can again have gatherings of greater than 50 people.

On the upside, we have deferred some funding towards the next AGM in hopes of making it all the more memorable!

We very much look forward to seeing you all again.

AGM Survey Results

Firstly, a big thank you to the communities that participated in the NACC AGM Survey. The feedback shared speaks directly to your desire and views on engagement during this pandemic.

The first question was to see how many communities have access to internet to help us decide on possible meeting locations and/or community council office engagement. We are pleased to note that of the responses received, 100% noted they had access, however, the response rate was just over 50% of our membership.

The greater part of the communities, 52% who answered the survey would send 2 delegates if it was opted to host the AGM simultaneously at several locations and they could attend such a meeting safely within their region, while 24% would prefer not to participate, while both voting by proxy and sending 1 delegate were favoured by 12% of the respondents.

It was encouraging to see that if we are to have a 'virtual' AGM, 68% noted that they would participate. The NACC is working with the INR and member communities to provide equipment, technical support and hopefully it will all be place for the community councils to engage in 'virtual' meetings in the next couple of months if not sooner.

Even though we have all participated in far too many conference calls this year, it was surprising to see that 17 communities (68%) said they would still join in if we needed to use this option verses the 8 communities (32%) that said they would not.

The second question was essential for us to gauge how our membership was feeling about having elections this year as most nominees were not able to do much, if any campaigning. We asked: "should the elections be postponed or take place this year?" The vast majority (80%) of respondents wished to postpone elections due to not being able to meet inperson. Three communities (12%) voted for the elections to still take place at the AGM while two communities (8%) responded "other".

They wrote that they chose other to state they prefered the option that would allow for the elections to happen in the safest way possible.

The next question went hand in hand with the previous one. This was to see how many communities would feel about voting by mail-in ballots if the decision was made to have the elections. Sixteen communities (68%) said they would vote by mail with eight (32%) who said that they would not participate.

The final question was to get a sense of the level of interest from the community council members or mayors in running for a position on the NACC Board. Most of the communities that responded (72%) said that there was no interest in running, four communities (16%) said yes and three (12%) said that there is a possibility that someone may run but not sure at this time.

Northern Market Trail Project (NMTP)

The Northern Market Trail Project is seeking creative participants that would like to turn their homemade, homegrown items into a profitable endeavor.

Who are we looking for?

We are looking for anyone from our northern communities who:

- Makes homegrown community-based products;
- Would like to market their food, products, tools and more in a more entrepreneurial manner;
- Anyone that would like to take their products and sell them on a much larger scale;
- Any person interested in our information sessions on marketing, inventory, very basic accounting strategies to get more from selling your products.

Due to COVID-19, the project has extended the outreach and delivery timelines. Please do not hesitate to call NACC with any questions you may have. naccmanitoba.com/northern-market-trail-project/

In Memorial

This year has been one of loss for so many.

Condolences to family and friends of those who have departed.

Larry Chartrand

It is with deep sorrow that NACC received the news that Larry had passed away this past January. Larry served as the Western Chairperson on the NACC Executive Board and contributed



greatly to its oversight and leadership. He was an active teacher, outdoorsman and contributor within his community.

Larry is survived by; his wife, two children, grandchildren, his mother, siblings, numerous nieces, nephews, family and friends.

We extend our thanks for the years of service as a NACC Board Member. He is truly missed.

Robert Lavallee Sr.

Robert had such a full life with so many experiences, contributions and stories, but left us much too early in his life.



Robert leaves to mourn a big family from

Easterville, Chemawawin and Skownan.

The Northern Association of Community Councils wishes the family and friends of Robert Lavallee Sr. our deepest condolences on his passing. We would extend our thanks for his past service as a NACC Board Member and to his community.



Executive Board Update

Message from the NACC President:

It has been an exceptionally busy year with the pandemic, status of the NACC AGM, Community Elections, MNP Review, connectivity, the state of Lake Winnipeg, Water Treatment Plants and the INR Capital Expenditures process changes to reference a few of the items that have had the Board engage and recommend on action to be taken by the NACC. The NACC Executive and Board of Directors have met with INR on several occasions to express concern with the MNP review process and timelines. We persisted, both in writing and verbally with Minister Clarke to postpone the MNP process and have been successful in slowing down the process given numerous considerations for our communities but they continue to move forward with the process despite not having delivered on their promise to have meaningful community engagement.

We met with and continually inquire with the INR as well on the Capital Funds process for our communities. We continue to address the lack of connectivity for several of our communities and I have been re-appointed to the BCN Board of Directors. I am in weekly (if not daily) contact with NACC Executive Director Linda Payeur on all issues that our communities are facing, e.g. Zebra Mussels in Lake Winnipeg, Policing in the communities, Capital Funds or the pandemic supply support to communities.

I am also the Chairperson for the Nelson River Sturgeon Board, participating on the Shared Health and the Northern and Regional conference calls and the INR Townhall calls when I can.

NACC is honoured to be trusted as the voice for issues affecting our communities. We are empowered by being given this responsibility and strive to serve you effectively. That said, it is imperative that we hear from you, that you express to us actions you feel should be taken and let us know where you think we can improve or provide further support.

- Reg Mead, President NACC



Left to Right: Linda Payeur, Reg Meade & Honourable Eileen Clarke - Minister's office. December 2019

Message from the Eastern Chairperson:

This year has been quite full with activities and issues affecting our communities. I have been keeping upto-date and participating in activities around freshwater fish issues for Manitoba including the engagement on the Inland Freshwater Fishing Report. I have kept the NACC informed to ensure that they are aware about any changes in the fishing industry.

I have kept the NACC office in the know on COVID-19 for Dauphin River and surrounding communities. The NACC Board, Executive and staff have worked hard to meet with and engage INR on the MNP on the review of our communities and the subsequent recommendations arising from their findings. I anticipate there will be several more meetings regarding the proposed changes that would greatly impact NACC Membership Communities. I encourage all of our members to be familiar with the report and be prepared to voice their opinions when afforded the opportunity.

I engaged in many surveys or assessments such as the Vegetation Field Survey (July 1-14th & August 8-12th), Bird Survey (July 24th) and the Heritage Resource Impact Assessment (July 13-23rd) being conducted in my region. It was disheartening to hear that the Manitoba Government opened the Portage Diversion to reduce flooding in the Forks (Winnipeg) to allow the Boardwalk to stay open which cause the waters to rise in the community from Saint Martin/Lake Manitoba to the Fairford River structure. This

resulted in more chemicals being introduced to the water as agriculture spraying had just been completed.

We have done a lot of work this past year and have a lot of work yet to be done. I look forward to sharing those results with you.

- Helgi Einarsson, Eastern Chairperson NACC



2019 Christmas Lunch with Minister Clarke, INR and Manitoba Hydro Staff, NACC Board & Staff

Message from the Northern Chairperson:

Here I thought retirement would allow me more free time! No slowing down here! Word gets around and you are quickly engaged in so many of the 'other' day to day happenings.

Some of the areas that have had my attention this last year includes all aspects of the water treatment plant issues within our communities. Everything from the plant operator vacancies, the hydro demand that the plant needs and the failure of water pressure to pump safe drinking water, to the all too often water boil advisories within our communities.

For numerous reasons, the infestation of Zebra mussels in Lake Winnipeg are of great concern. They affect spawning, potash had no effect on reducing their population growth, lack of oversight on them being transported to different new water locations on boats and they continue to spread through water currents to our surrounding rivers. We have yet to receive a response to a letter addressing these and other concerns on this matter, sent this past September to the Minister of Conservation and Climate.

I have recently been elected as Chairperson for the Community Futures North Central Board (CFNC) as one of the founding members and am a representative on the Thompson Regional Airport Authority (TRAA) board to name a few. I have engaged with several NACC communities in the northern region to express their concerns and share suggestions regarding the AGM to NACC to provide direction from the membership on their preferences for meeting during this unprecedented and difficult time. Although I have not been able to attend many of the INR Town Halls, I do receive updates from membership and keep up to date regarding the Northern Region's questions and concerns. Congratulations to all of our new and returning community leaders! We look forward to working with you to best serve our communities in the years ahead.

- Glen Flett, Northern Chairperson NACC

Message from the Western Vice Chairperson:

I stepped into the position of Western Acting Vice Chairperson with the passing of Board Member and friend Larry Chartrand last January. Almost a year later and his memory remains fresh and his boots large. In this position, I have done my best to continue reporting on the initiatives that Larry started. Although the year has presented many challenges for the councils, I kept in touch with the several of the councils and accepted the invitation by Waterhen to come visit. With COVID-19 threatening our communities and access to food and supplies, the interest in food security dramatically increased and saw an unprecedented level of activity in our NHFI Program. This year saw many either expand on or try gardening for the first time. I am very appreciative of the impact from NHFI and their partners forged with Northern Manitoba Food, Culture and Community Collaborative (NMFCCC) and Healthy Together Now (HTN) has had on so many of our communities. The gardens did well this year! I am deeply concerned with the lack of government response to address the drug and crime in our northern communities and hope that once the pandemic passes, in working closely with Linda Payeur, E.D., we will work to focus in that area. Another area that is of concern is to

increase positive engagement with our youth (the idle time due to the pandemic has led to a display of disruptive and dangerous behaviour) and to reduce apathy. Looking forward to what the new year will have in store.

- Lorne Huhtala, Western Vice Chairperson NACC

Message from the Executive Director:

It is difficult to start this communication without saying "Wow 2020, way to make it into the history books!" Equally difficult is to not write a book and keep this update to "newsletter" size. So much has happened this past year and there is no sign that things will slow down.

The increase in the number of COVID-19 cases in Northern Manitoba these past few months is great cause for concern and affirmation that this is not yet the time to have in person gatherings of any kind.

Despite not having our AGM this year, NACC has been very active. This past year has seen record engagement with INR, with the Minister, Deputy Minister, finance, directors, regional offices, and support staff, engaging in dialogue and providing information necessary to address the concerns of our member communities. We thank them for their continued involvement, commitment and hard work.

We also have been working diligently and directly with our member communities. From assistance with pandemic preparedness equipment (PPE), MNP updates, engaging in the INR hosted townhall calls, grant writing assistance and overall outreach to our communities, we continue to act as your advocate on issues regarding community capital expenditure process, connectivity, policing, invasive species in northern water systems, fresh water fishing and more.

There is so much we have accomplished together in 2020 and much more to accomplish in the year ahead. In addition to continuing work on the matters just noted, here are just some of the other items that we are addressing: continued dialogue and engagement on policing services within our communities; the health of Lake Winnipeg; continued oversight on the MNP Review and community

engagement; NACC AGM and Board Election; COVID-19 preparedness; food security; and connectivity in the north.

For the year ahead, one area of interest that the INR has inquired with us on is for NACC to take a part in and complement training and support available to the Community Administration Officers (CAOs) and Council Offices. We want to hear from you: what you think of this? If such an initiative was to be supported and move forward, what do you think it should look like? Is it of value to your Council office to have NACC engage at this level? Such training and support could include topics such as budgeting, accounting, office management, Roberts Rules of Order and grant writing, to name a few. Other areas we hope to engage with community councils and we hope to address in the coming year is to include more resources to address substance abuse in our communities, youth engagement, and food security. Again, your thoughts and feedback on the aforementioned matters and other areas that NACC can be of service are fundamental to our effectiveness. We value and hope you will share your thoughts and opinions with us.

In addition to me, NACC is fortunate to have Sara and Trinette to ensure that positive outcomes are achieved for all of NACC's initiatives. We will continue to create new partnerships and build on existing relationships to further enhance our capacity to serve our communities. In that regard, we give thanks to the community councils, CAO's, NACC board members, and community volunteers who engaged with us this past year. It was a pleasure for the NACC team to work with you all. Please know that you are always welcome to call our office and once COVID passes, visit in person! If we can be of assistance and/or you would like us to attend a meeting or event in your community, let us know.

Now, onto thoughts of our next gathering! Let's make it all that it can be! What would you like to see at our next AGM? Three days? Bingo/Chase the Ace night? Live entertainment? What presenters/presentations would you like to see? What breakout sessions would you be interested in? Our goal is to make it fun and informative, social and beneficial to the continued

building of NACC's ability to support each member community.

Given we were not able to meet in person this year, as you read this newsletter, please take a moment of silence for those we lost: remarkable people who will be missed.

Thank you for taking the time to read this newsletter. We at NACC are proud to serve our member communities and look forward to assisting you in 2021 and beyond!

- Linda Payeur, Executive Director NACC

New Staff!

Hi everyone! I am Sara Kirby, the new Administrative Assistant here at NACC. Since arriving to this position, just this past June, I have really enjoyed working with the Board and staff who have been great at getting me up to speed on what is going on in the NACC Member communities. What a time to come on board! COVIC-19, INR review, the everchanging status of our AGM and so much more.

Sadly, I have not been able to meet many of you with our AGM being postponed but I am looking forward to when the opportunity permits. Please don't hesitate to say hi or let me know how we can help your community. I'm very excited to be a part of this organization.



- Sara Kirby, Administrative Assistant NACC



Information & Opportunities

Community Economic Development Fund: cedf.mb.ca

Manitoba Chambers of Commerce:

<u>mbchamber.mb.ca/initiatives-resources/covid-19-tools-resources/</u>

NACC:

naccmanitoba.com/

Indigenous and Northern Relations (INR): gov.mb.ca/inr/

The INR community townhall calls are more than just updates on COVID-19. They are currently taking place every Tuesday at 1:30 pm. Please ensure your phone is muted when not talking. This is a great opportunity to engage and express needs to be addressed and ideas for discussion on future calls. Review the weekly INR townhall call invitations for updates on guest presenters.

#RESTART COVID-19 Manitoba information and updates: gov.mb.ca/covid19/



The Jumpstart **Sport Relief Fund**

Canadian Tire Jumpstart

jumpstart@catire.ca

1(877) 616-6600

JumpStart has partnered with Canadian Tire to offer physical activity equipment to communities. The program supports community organizations expanding their recreation programming for financially disadvantaged children and youth. Please visit their site for the latest update on when the Fall application will be re-opened as it has been pushed back due to COVID-19.



Manitoba Lighthouses Program

gov.mb.ca/justice/commsafe/crimeprev/lighthouses/index.html

The Lighthouses program provides funding to support community activities with a specific focus on youth crime prevention.



Healthy Together Now is a community-led, grassroots program.

Program goals include:

- supporting communities that lead prevention activities
- encouraging organizations, communities, regions and governments to work together to help prevent chronic disease
- building on and blending with existing prevention programs, and developing new ones
- increasing communities' knowledge and ability to run prevention programs for a variety of chronic diseases

Healthy Together Now (HTN) funding is not intended to be ongoing or annual funding. It is to be used as start-up funding, to support communities to start a project, deliver or carry out the project, evaluate their results and then to enhance or expand the HTN project by working towards sustainability in the community. Heathlytogethernow.net

BIG NEWS!

The NACC Community Cookbook is being revived?

There has never been a better time to share feel good recipes with one another. If there is a story or even photos to share of the recipe, please send them along!

Visit <u>naccmanitoba.com</u> for the recipe submission form or simply fax or mail it in to us

We wish you a Christmas that is merry and bright!

Have a safe and relaxing holiday season!

We look forward to hearing from you in the New Year!

Northern Healthy Foods Initiative

The NACC Northern Healthy Foods Initiative (NHFI) Program had been enjoying a surge of activity this year. Greenhouses, gardening, beekeeping, chicken producing, composting, and many other local food activities have increased this year due to a greater amount of both interest and partnerships.

We are incredibly thankful and appreciative of the engagement and support received from the Northern Manitoba Food Culture Community Collaborative, Healthy Together Now, Manitoba Government, and Government of Canada. Their contribution to the NHFI programs in integral to its ongoing success.

Sadly, we've had to put our in-person workshops on hold. Since the spring, we've been hosting toll-free teleconference workshops on a variety of interesting topics from vermicomposting to chickens. We welcome everyone to join our teleconference workshops as a way to learn and connect with other northerners who would like to share knowledge, to learn something new and most of all to enjoy a good conversation with one another.

It's a joy to work with the NACC NHFI communities on a variety of endeavors. I would like to give a special thanks to all the NACC NHFI Community Food Champions (CFCs), mentors, volunteers, and participants. We are amazed and in awe by all you accomplish in your communities! Last, but certainly not least, I would especially like to thank Linda, Sara at NACC who tirelessly provided invaluable guidance and support every step of the way this program year!

Warmest wishes!

- Trinette Konge, NHFI Program Coordinator

To learn more about all the NHFI programming we offer at NACC, please check out our NHFI tab at naccmanitoba.com. If you don't want to miss a 'beet,' 'bee' sure to sign-up to receive regular NHFI email updates here:

http://naccmanitoba.com/nhfi/news/



Top to Bottom: Trinette Konge, Katie Antsanen & Linda Payeur offloading rain barrels

WAY TO GO!!!

A BIG Congratulations to the numerous communities on their successful grant applications from the Northern Manitoba Food, Culture and Community Collaborative, United Way Winnipeg and Northern Together Now (to name a few)!

Share your joy! Send us your stories and photos of the impact such support provides your community.







Manitoba Home Nutrition and Learning Program

Learning about food, nutrition and cooking can be a fun activity for the whole family – but sometimes you might need a few fresh ideas.

Manitoba's new Home Nutrition and Learning Program is here to help.

On their site, you'll find simple, kid-friendly recipes built around healthy and delicious ingredients. Reading a recipe, measuring ingredients and making food together at home encourages literacy, numeracy and many other skills.

Email at hnlp@gov.mb.ca if you have any questions and check out our downloadable booklets. Website: mbnutritionlearning.ca/

Cabin Fever Survival-Things to Do at Home

Virtual Tours and Events at the Manitoba Museum

Explore the Manitoba Museum from home with our Virtual Field Trips.

With a new theme every session, these online programs are perfect for home learners looking for a fun, curriculum-based experience, for friends looking for an interactive way to spend time together at a distance, and for just about anyone interested in

Learn more at the link below:

learning more about Manitoba!

manitobamuseum.ca/main/programs-and-events/



Online Storytelling – Assiniboine Community College

<u>assiniboine.net/community/news-events/upcoming-events/storytelling-week</u>



Centre for Craft - Paper Quilling c2centreforcraft.ca/2020/11/25/make-it-at-home-paperquilling



Centre for Craft - Bookmark Embroidery c2centreforcraft.ca/wp-content/uploads/2020/03/Bookmark-embroidery-Spring-Break-at-Home.pdf

Centre for Craft - Styrofoam Printmaking c2centreforcraft.ca/wp-content/uploads/2020/03/Styrofoam-printing-Spring-Break-at-Home.pdf



Northern Manitoba Resources

Government of Canada- Covid-10 Economic Response Plan

The Government of Canada is taking immediate, significant and decisive action to support Canadians and businesses facing hardship as a result of the COVID-19 outbreak.

<u>canada.ca/en/department-finance/economic-response-plan.html</u>

Manitoba Hydro Neighbours Helping Neighbours

A program that provides lower income individuals, families, and seniors who are unable to pay their energy bill due to personal hardship or crisis with:

- referrals to community support services, counselling and job training;
- one-time emergency funding to assist with energy bills

How-to Booklets

hydro.mb.ca/your home/how to resources/

and Energy Saving Tips

hydro.mb.ca/your home/energy saving tips/

Manitoba's Office of Rural and Northern Health

Numerous education, employment and training initiatives for rural and northern communities. Call 204-622-6210

ornh.mb.ca/

CEDF

Learn about Communications and Marketing that we offer as well as Business Development and Access to Capital, Fisheries Loan Program and more! 204.778.4138

cedf.mb.ca/



Left to Right: Larry Chartrand, Harold Fleming, Helgi Einarsson, Wanda Mowatt, Reg Meade, Eric Olson, Glen Flett, Freda Parenteau, Linda Payeur & Lorne Huhtala – August 2019

OUR GOAL ...

Is to promote and encourage wherever possible the development of local government; and to assist in the improvement of services and the physical, social and economic development of all member northern communities of the NACC.

If you would like your NACC Regional Chairperson to visit your community or attend a meeting, please contact the NACC office.

IS THERE SOMETHING MISSING?

If there is something you would like to see included in the newsletter please let us know!

We want to hear from you!

Feel free to contact the Administrative Assistant
with article ideas, letters or upcoming events
that you would like include

NACC Board

Reg Meade: President

Helgi Einarsson: Eastern Chairperson

Glen Flett: Northern Chairperson

Eric Olson: Eastern Vice-Chairperson

June Chu: Northern Vice-Chairperson

Lorne Huhtala: Western Vice-Chairperson

Wanda Mowatt: Eastern Secretary/Treasurer

Freda Parenteau: Northern Secretary/Treasurer

Harold Fleming: Western Secretary/Treasurer

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