

Summer 2009



INSIDE:

President's Report:	2
Executive Reports:	2 & 3
Government Update:	4
Executive Directors Report: ...	5
Children's Page:	12

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We encourage community council members to submit comments, suggestions, articles, and ideas to the editor.

CONFERENCE HIGHLIGHTS

NACC 39th Annual General Meeting & Tradeshow will be

held in Partnership with **Manitoba** 
Aboriginal & Northern Affairs

The President Reg Meade and the Northern Association of Community Councils Board of Directors are thrilled to announce the theme for this year's conference "**Partnerships for Healthy & Sustainable Communities**" dates and location for the AGM & Tradeshow are from August 18, 19, & 20, 2009 at the Marlborough Hotel in the City of Winnipeg. On the 1st day the NACC Opening Ceremonies convenes at 8:30 am Tuesday, August 18, 2009 with a Continental Breakfast & Registration.

Opening Ceremonies Program: Opening Prayer Welcoming Remarks from Dignitaries Minister of Aboriginal & Northern Affairs Opening Remarks Reg Meade Introduction of the NACC Board of Directors Business portion of the meeting Afternoon Regional Meetings **Aboriginal & Northern Affairs day** Wednesday, August 19, 2009 convenes at 8:30 a.m. with a Continental Breakfast & Registration, Opening Prayer, Opening Remarks, Presentations and Training ***There will be a Buffet style Breakfast available in Joanna's Café main floor of the Marlborough Hotel all 3 days. Continued on page 10***

PRESIDENT'S REPORT

Reg Meade ~ President



I was in Winnipeg to interview candidates for the Executive Director position. We have hired Deborah Clark.

I also have also been attending meetings at Cranberry Portage regarding enhanced police service delivery. Members from Wabowden, Cranberry Portage and Snow Lake will be patrolling the region's highways. I was in Cranberry Portage on June 12 when the official announcement of the Northern Highway Patrol was made by Assistant Commissioner Bill Robinson

I participated in an Infrastructure Canada meeting. The new infrastructure program is called the Building Canada Fund. The projects being funded by the Building Canada Fund have all been approved.

The Northern Manitoba Roundtable continues to meet and discuss issues.

I would also like to remind everyone that the 39th AGM and Tradeshow is quickly approaching and applications, resolutions and reservations should be handed in as soon as possible.

EXECUTIVE REPORT'S

Helgi Einarsson ~ Eastern Region Chairperson



Another issue of Whispering Pines, the year is going quickly.

It's June and hasn't warmed up yet. The ice left Sturgeon Bay here only on Thursday. Commercial fishing is just starting and the fish are still spawning. The farmers in the area are having a hard time again this year with all the rainfall and cold weather it's a struggle to get crops in and those that did find it slow germinating because of the cold. Let's hope we get a good shot of summer before fall arrives!

We hired a new Executive Director for the office. Her name is Deborah and has probably introduced herself to most of the communities already. She has been working for three weeks already. Raquel has moved into Kelly's position with NHFI.

I would like to wish all the fathers out there a Happy Father's Day on June 21st. Have a good summer and hope to see everyone at the AGM in August.

EXECUTIVE REPORT'S continued:

Anne Lacquette ~ Western Region Chairperson



On May 6 and 7, 2009 I attended Interviews for our new Executive Director. I would like to congratulate Deborah Clark, who was the successful candidate. Welcome Deborah!

Raquel Koenig is our new Community Resource person with NHFI. On May 20, 2009, I attended the Gardening Kick Off event in Barrows. Twenty people attended this successful workshop. It is gardening season again, and I hope everyone has a successful and plentiful crop. Also, remember to use sunscreen and insect repellent when you are outside enjoying the weather.

I attended an Awards Ceremony for Bridget Lacquette on Thursday May 21, 2009. This caps a very successful year with her Hockey Achievements.

The NACC Conference is fast approaching and I would like to remind Community Councils to submit their resolutions and concerns to the NACC office as quickly as possible.

I would like to remind everyone that NACC represents 50 Aboriginal & Northern Affairs Communities and our organization is here to assist all communities regarding their issues and concerns.

On behalf of Larry Chartrand, Harold Fleming and myself, I hope everyone has a safe and enjoyable summer.

Frances McIvor ~ Northern Region Chairperson



NACC would like to welcome Raquel Koenig to the Northern Healthy Foods Initiative project. She is working hard to carry out the gardening projects this season and has had the opportunity to visit some of our communities.

NACC continues to progress in a positive way and I believe that many of the issues and concerns will be addressed in a worthwhile manner. I am still working on the housing issues however with the current state of the economy there are not any new housing projects in the foreseeable future.

It is important that all concerned parties continue to move forward in a fully supportive manner toward the development of resources that will benefit the communities. Let me assure all member community councils that the Board of Directors and Staff are supportive of and looking forward to listening to our members and building on our collective future. Therefore, we encourage all communities to demonstrate their support and participate with constructive comments, suggestions and/or ideas.

Graduation committees are busy preparing for the 2009 Graduating Classes and I would like to take this opportunity to wish all the students good luck with their exams.

Government Update



NewsRelease

May 28, 2009

**\$11.2-MILLION ONE-STOP TRAINING AND SUPPORT STRATEGY
TO HELP UNEMPLOYED WORKERS TO RETURN TO WORK FASTER**

More Than 1,000 Manitobans Expected to Benefit from Two-year Rebound Strategy: Mackintosh, Swan

The province is launching Rebound, an \$11.2-million, two-year retraining and support strategy that will help low-income workers hurt by the economic downturn return to work faster, Family Services and Housing Minister Gord Mackintosh and Competitiveness, Training and Trade Minister Andrew Swan announced today.

We know that many of the Manitobans hit hardest by the recession will also have the toughest time transitioning to another job, Mackintosh said. Rebound will help more than 1,000 of these workers including people who might not be eligible for employment insurance benefits and those on employment and income assistance who want to find a good job.

Rebound is supported with funding for two years from the new Canada Skills and Transition Strategy and the Canada-Manitoba Labour Market Agreement. The strategy combines the resources of two provincial departments, Family Services and Housing, and Competitiveness, Trade and Training, creating a more-powerful and efficient service than could be offered separately, Swan said.

One of the traditional roadblocks for low-income workers who want to find a good job has been the lack of training opportunities, he said. Rebound will change that and give people the skills they need to build a strong career while offering them the support they need while in transition.

Rebound will help workers return to the workforce in four ways:

Rebound to Work:

A new proactive approach will help identify and support low-income workers in transition to reconnect with jobs or obtain training as quickly as possible and help them remain off welfare. In Winnipeg, low-income workers in transition who need immediate financial assistance will also have easy access to assessment services and training opportunities through a one-stop process. People outside of Winnipeg will be able to access these integrated services through one of 12 employment centres or at any of 12 income assistance offices.

Continued on page 11

Executive Director



I would like to take this time to introduce myself. My name is Deborah Clark and I am fortunate to be the new Executive Director. As you may know, Raquel Koenig has moved to the position of Community Resource Officer. We also have a new Administrative Assistant, Alice Chartrand. There have been many changes at the office but they are positive and that is what counts!

I have been busy learning the ropes and planning for our 39th Annual General Meeting & Tradeshow. The theme, “*Partnerships for Healthy and Sustainable Communities*”, really reflects what we are trying to accomplish within and also among our communities.

Remember to mark your calendars, fill out your registration forms and get them in early so you don't miss any of the things we have in store for everyone. If you have any questions, comments or

Whispering Pines

suggestions about what will be happening during August 18 – 20, at the Marlborough Hotel, please feel free to call me, toll free at 1.888.947.6222, or email me at nacc@mts.net, for those who have the Internet. Faxing will also work. Our number is 1.204.947.9446.

We are still looking for youths who are interested in joining our renewed Youth Advisory Council. If you know anyone who would like to be involved have them contact me. We would love to have more young people attend our 39th AGM & Tradeshow! I am looking to find more, and interesting, activities for them if they can come to the Conference. If you know of anyone you think may enjoy meeting with other youths and learning more, please have them contact me, toll free at 1.888.947.6222, or by email at nacc@mts.net.

While the conference is taking up much of my time, I have been to my first Executive Board meeting and found it very enlightening. I been introducing myself to everyone, it seems to me. But that is good. I always take the time to promote the Association, our Communities, our Residents, our Community Developments projects and of course, the conference.

When you come to the conference, I will also introduce myself to you personally, if you don't beat me to it.

Deborah Clark, Executive Director

Editor's Corner

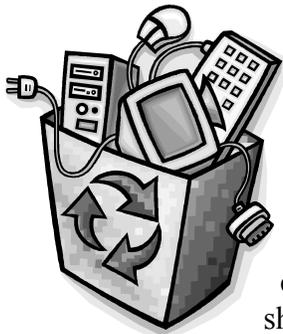


With summer just around the corner the staff in the office has switched into full conference mode. This year's conference we will be offering many new workshops for the

CAO's/Clerk's to attend.

On the Monday August 17 the travel day we changes thing up a little bit since last year's AGM. We are having an early registration and Welcoming Reception in Churchill's Dining Room to welcome the arriving Delegate's, CAO's and Clerk's on the main floor of the Marlborough Hotel from 3-7pm.

Tuesday is the first day of the AGM we are planning to have the NACC Main Assembly on the first and



RECYCLE YOUR E-WASTE!

The Province of Manitoba has recently established more recycling depots for e-waste. E-waste is all those electronic items that die and shouldn't be thrown into the

landfill. In the last two years alone, Manitobans have dropped off more than 1,000,000 kilograms of electronic waste. That's the equivalent of 95 semi-trailer loads.

There are now 30 sites that can recycle e-waste, as well as regular recyclable materials. Of course, the majority of the sites are in the south, and they are only accepting household items.

However, if you are close to Thompson, you can drop items off at the Thompson Recycling Centre, 16 Severn Crescent.

If you are close to Flin Flon, you can drop items off at the Flin Flon Recycling Centre, 9 Timber Lane.

Dauphin accepts e-waste at the Kinsmen Recycling Centre and Swan River accepts it at the Valley Lions Recycling and Landfill site.

If you are driving down, especially if you are coming in for the 39th AGM and Conference, you can bring items from the community with you and dispose of them while you're in Winnipeg.

Aboriginal & Northern Affairs Day is scheduled for the second day. Our Social is scheduled for August 19th that evening and the tendering process for the band hasn't been completed as of yet.

At this AGM we will be focusing on Partnerships, Sustainability and Economic Development for the Communities.

I hope everyone enjoys their summer!

Kathy Frisk, Editor Whispering Pines

The following household items are considered e-waste:

TV's, Computer Monitors [CRT and flat-panel models], Desktop Computers [CPUs/Hard Drives, mice, keyboards, cables], Laptops, Printers, DVD Players/VCRs/Stereos, Phones, Scanners/Copiers, Fax Machines, Rechargeable Batteries and Microwaves.

Did you know?

NACC was founded in 1970 and Incorporated in November 1971.

NACC will be celebrating their 40th Anniversary next year and we are looking forward to an exciting 40th AGM.

CONGRATULATIONS!

Little Grand Rapids received \$15,000.00 to refurbish their outdoor hockey rink and Moose Lake received \$10,000.00 for a multi-purpose activity pad.

The money was part of the \$4.5 Million the government handed out to communities recently through their Community Places Grants.

We deserve to have great Community Places! If your community would like to know more or would like help to get some of next's year's money, please contact Deborah Clark and she will be happy to help.

Community News



CANADA MILLENNIUM SCHOLARSHIP FOUNDATION
FONDATION CANADIENNE DES BOURSES D'ÉTUDES DU MILLÉNAIRE

Canada Millennium Scholarship Foundation Millennium Excellence Award Local Laureate Profile Heather Miltenburg



Heather is a Métis student at Gordon Bell High School in Winnipeg. She is one of 44 students in Manitoba to receive an Excellence Award from the Canada Millennium Scholarship Foundation. She will receive \$ 4,500.

Accomplishments:

Heather's academic, community and leadership record is rich in accomplishments. She is an excellent student and has won numerous scholastic awards, such as the Top Grade 11 Average Award, the Biology Award and placement on the honour roll. She is a member of many school groups, including Student Council, Safe Grad Committee and the Grad Fundraising Committee.

Heather enjoys music, and is a member of her school choir and band. She also takes part in ultimate Frisbee, badminton and urban fusion dance. As team manager of Gordon Bell's lacrosse team last year, Heather was responsible for recruitment, publicity, booking practices, keeping track of equipment and organizing fundraisers.

In an effort to focus on issues within her community, Heather volunteered at the North End Women's Centre, an organization which aims to help women struggling with poverty, addiction and violence. She provided assistance with the sorting of clothing and food donations, general maintenance and upkeep, as well as with the annual barbecue fundraiser.

In 2007, she began volunteering as a homework tutor for the Gordon Bell Learning Centre. Since then, Heather has been named co-manager and is currently in charge of coordinating tutors and raising funds for the Centre.

Heather is interested in science and is also considering a career in teaching sciences. In the fall, she intends to commence an integrated Bachelor of Science and Education program at the University of Winnipeg.

Northern Healthy Foods Initiative

New Job Appointment

I am happy to announce my new position as the Community Resource Officer for NACC; under my new job responsibilities I will also be leading the operation of the Northern Healthy Foods Initiative. In my new role I will be working closely with our member communities to encourage, enhance, and facilitate a positive relationship between NACC and our member communities. If you have any concerns or require more information on programs, opportunities, etc. please contact me. I look forward to working with you and learning more about your community.



Raquel Koenig
Community Resource Officer

Contact Information:

NACC
750-331 Smith Street
Winnipeg, MB R3B 2G9
Phone: 204.947.2227
Fax: 204.947.9446
Cell: 204.801.2950
Toll Free: 1.888.947.6222



Lake view from the Bara Inn in Berens River

Northern Healthy Foods Initiative (NHFI)

What is the NHFI?

The NHFI is a community-based intervention, which is designed to increase access to affordable nutritious food in Northern Manitoba communities. NHFI assists Northern communities to build capacity in local production of food for local consumption, choose nutritional foods, implement strategies to lower the cost for healthy foods, leverage funding for projects, and create food based economic development opportunities.

Who we serve?

The communities currently being supported by NACC through the NHFI are Leaf Rapids, Granville Lake, Duck Bay, Little Grand Rapids, Sherridon, Berens River, Crossing Bay, Brochet, Baden, and Moose Lake. Also this year the project has expanded to include Dauphin River, Crane River, Barrows, Pelican Rapids and Camperville.

In this issue of the Whispering Pines Newsletter I would like to share some of the

current activities being carried out under the NHFI, which include:

- promoting new garden starts;
- assisting communities in completing gardening and food self sufficiency plans;
- preparing a proposal on a project to improve the health and food

- situation within a northern community;
- providing basic gardening workshops;
- providing gardening equipment, seeds and fertilizer; and
- providing resource material

NORTHERN HEALTHY FOODS INITIATIVE (NHFI) SPRING ACTIVITIES

Camperville Improves Food Security with the Planting of Fruit Trees

There was a lot of excitement in the community of Camperville on May 12, 2009. Twenty-five to thirty community residents came out to the community center in hopes of taking home a fruit tree to plant in their yard. The tree lottery was organized by Gail Welburn the Recreation Director in Camperville. She advertised the event through flyers, phone calls and word of mouth. Initially, the community had plans for a community orchard, however due to vandalism it was decided by the Mayor and Council that it would be best if the trees were planted in people's yards. So the idea of a tree lottery was born.

All the trees were purchased from a nearby nursery. Around fifteen (15) trees were raffled off. The types of trees raffled off were a variety of apple, plum and cherry trees. There was no cost to the individuals as the trees were purchased by NACC under the NHFI. The

tree lottery was a huge success and it brought a lot of awareness to the variety of fruit that can be grown locally.

I was happy to assist Gail with the tree lottery and I also gathered and distributed resource material to community residents about planting fruit trees, maintenance and pollination. I would like to thank Manitoba Agriculture Food and Rural Initiative for providing the resource material especially, the *Fruit Crops for Northern Manitoba: A Guide to Planting, Growing and Variety Selection*.



At this event, I also provided an overview of the NHFI and shared other community gardening activities and success

stories. I also distributed seed potato, onion sets and some raspberry and strawberry plants. Helen Lafreniere, the Community Health Worker also distributed a variety of vegetable seeds. When I was driving out of the community I saw one man planting his tree in his front yard.

NACC HOSTED GARDENING EVENTS IN BARROWS AND PELICAN RAPIDS

On May 20 and 21 the Northern Association of Community Councils (NACC) hosted gardening kick-off events in Barrows and Pelican Rapids. The purpose of these events was to increase the awareness of the Northern Healthy Foods Initiative (NHFI) and to expand the number of gardens in northern Manitoba communities.

These events offered a light lunch, gardening related door prize giveaways, a container gardening workshop, where individuals planted some herbs and flowers and a presentation on the NHFI that highlighted the goals and objectives of the program, how the NHFI accomplishes these goals, and the benefits to gardening as well as showcasing the many successes of the initiative to date. Vegetable seeds, seed potato, and onion sets were also distributed at these events so people could “Get Growing”!

The “Talk about your Garden” Icebreaker served as a wonderful opportunity for participants to share their knowledge about gardening and to think back to their childhoods when many of their parents and grandparents had gardens.

Participants took turns announcing their names, their community, if they were a new gardener or how many years they had been gardening and to share what they like about gardening. Hands down the number one reason was the taste, there is nothing like the rich, juicy flavour of a fresh harvested tomato.

Overall, the events were a great success with many people in attendance despite the cold weather.



Painting Your Community Green Starting in Your Own Backyard: Five Tips

The hardest part of making a change is often just taking that

Whispering Pines

first step. This year, it seems more Canadians than ever are taking their first step toward making a difference in their community, and many are focusing on the environment. If you're interested in making a

change, here are a few tips to help get you started:

If you've got a green thumb, choose to make your gardens—whether they span over an acre

or sit in pots on your balcony—wildlife friendly. Grow climbing plants like morning glory, trumpet honeysuckle, purple clematis or Virginia creeper to attract butterflies and hummingbirds, or shrubs such as juniper, cedar, American elderberry, common winterberry or northern bayberry to attract birds.

Speaking of wildlife, become involved in a local effort to improve the habitat of endangered or threatened species in your area. Find out which animals are at risk and see if there's any way you can help. Once you know, apply to the Canon Canada Nurture Nature Awards at

www.canon.ca/donations_sponsorships for the opportunity to win \$20,000 to fund your environmental initiative. Submissions will be accepted starting from Earth Hour (www.earthhour.org)

**5th Annual
“Under The Porcupine”
Celebration of Music
July 8th - 11th in Barrows,
Manitoba**

on March 28, 2009 until September 1st, 2009.

If you prefer to buy your produce rather than grow it, try to buy locally. Not only does it reduce food kilometres, but it supports enterprising community members. And to increase the good it does for the community, leave the car parked at home for your trip to the local farmer's market—take transit, hop on a bike or go for a walk.

Organize neighbourhood garbage pickup days to help make your community clean and beautiful. Get the kids excited about participating by offering a prize for the most trash picked up. End the day with a community picnic or a barbeque using food from the garden and from local farmers.

Reduce, reuse and recycle all at once by hosting a community yard sale. Purge your

home of things you no longer need—which might be treasures for some bargain hunters—and take any leftovers to Goodwill.

NACC BOARD OF DIRECTORS'

**President ~ Reg Meade
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Chairperson**

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**Frances McIvor ~ Northern
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**Martha Chartrand ~
Northern Sec. /Treasurer**

Ph: (204) 458-2420

**Harold Fleming ~ Western
Sec. /Treasurer**

Ph: (204) 732-2675

This is the ultimate music camp for all ages held in Manitoba. Don't miss out on the best daily workshops in fiddle, guitar, vocals, dance, drums, mandolin and bass with some of the best instructors

in Canada. Lessons are available from the beginner to the advanced from 9am-4pm daily.



We can accommodate 100 participants; space is limited so book to-day, reasonable rates with meals or without, camping spaces are also available. The previous participants have come from all over Canada to enroll in this camp and raved about the great home cooking, the friendly small town atmosphere and the great instructors.



There are evening concerts in the Barrows Community Hall that profile the instructors and students, admission is only \$3.00. Even though Barrows has a total population of only 108 residence, it's amazing that this small community is

Guess who's celebrating a Birthday in June, July and August?

Reg Meade, President

Kathy Frisk, Editor Whispering Pines

Raquel Koenig, Community Resource Officer

Deborah Clark, Executive Director

Be Aware! Be Prepared!

The H1N1 flu virus is present in Manitoba and more cases of H1N1 flu are expected.

As with any influenza type, most cases are expected to be mild and result in a full recovery, although some cases may be severe.

There are things you can do to protect yourself, family members and the community from the spreading of contagious viruses, including H1N1.

✓ Wash your hands. Wash them with warm soapy water after you go to the bathroom and if you sneeze or cough into your hand. Wash them before helping small children and the elderly.



✓ Cover a cough or sneeze by coughing or sneezing into your elbow or sleeve or using a tissue to cover your nose and mouth.

able to put on a music camp equivalent to any other, host concerts every evening that rival many country festivals with outstanding energy and such a variety of entertainment. It's only because of their dedicated planning committee, numerous volunteers and committed instructors who have returned each year to instruct. Come out, bring a friend and enjoy this worthwhile experience.

Cost; 4 days - Full Day Camp for Fiddle and Guitar

Instruction Only-\$275.00

Instruction with meals-\$325.00

Drums, Bass, Dance, Mandolin and Vocals are offered as half-day instruction for 4 days.

Instruction Only-\$50.00 each

Instruction with meals-\$125.00

For registration forms, brochures or more information phone Brenda @ 1-204-545-6215

- ✓ If someone in your house has flu symptoms, call the health centre and try to keep them away from others.
- ✓ If you have flu symptoms, try to stay home from work or school. This will help to limit the spread of the virus.
- ✓ Keep your body healthy by eating a healthy balanced diet, being active and getting enough sleep.

Promoting healthy living and following routine precautionary measures can help reduce the spread of disease.

If you have symptoms of flu-like illness, such as fever, cough, aches and tiredness, you are most contagious for three to four days, but it is possible to spread the disease for up to a week once your symptoms start to appear.

Contact your health-care provider or Health Links–Info Santé at 788-8200 or 1-888-315-9257 (toll-free) if you need advice or care.

Hospitals, nursing stations and health care centres are asking that families of patients who have been admitted to leave children and the elderly at home if possible to reduce the possibility of spreading the virus.

Events Calendar

Whispering Pines Newsletter

The next issue of Whispering Pines will be published in the fall of 2009. Articles for September's issue should be submitted by August 15th. Articles submitted from the Communities are placed in the Whispering Pines free of charge! So please send your articles today. Thanks!



June 21 juin

www.ainc-inac.gc.ca

National Aboriginal Day! Time 2 Celebrate

Indian & Metis Friendship Centre in Winnipeg

10:00 a.m. ~ 3:30 p.m. 45 Robinson Street Free admission

ATTENTION: Delegates and CAO's/Clerks you can register online for the NACC's 39th Annual General Meeting & Tradeshow Website: <http://nacc.cimnet.ca>

For those who do not have Internet access the registration forms have been mailed to your Council.

For more information please contact our office:

Ph: (204) 947-2227

Fax: (204) 947-9446



Toll Free: 1-888-947-6222

E-mail: nacc@mts.net

Costs of the Tradeshow Booth are \$200.00 and you can submit an application on line.

Booths are free to the Community Councils

NACC would like to thank our sponsors in advance of the AGM & Tradeshow.

Social evening with take place on Wednesday August 19, 2009 from 8:00 pm till 12:00 am

NOTICE OF TENDER

Tenders are available from our office please call then to request a copy at 1-888-947-(NACC)-6222. Northern Association of Community Councils is accepting sealed tenders until June 30, 2009.

THE LOWEST OR ANY TENDER NOT NECESSARILY ACCEPTED.

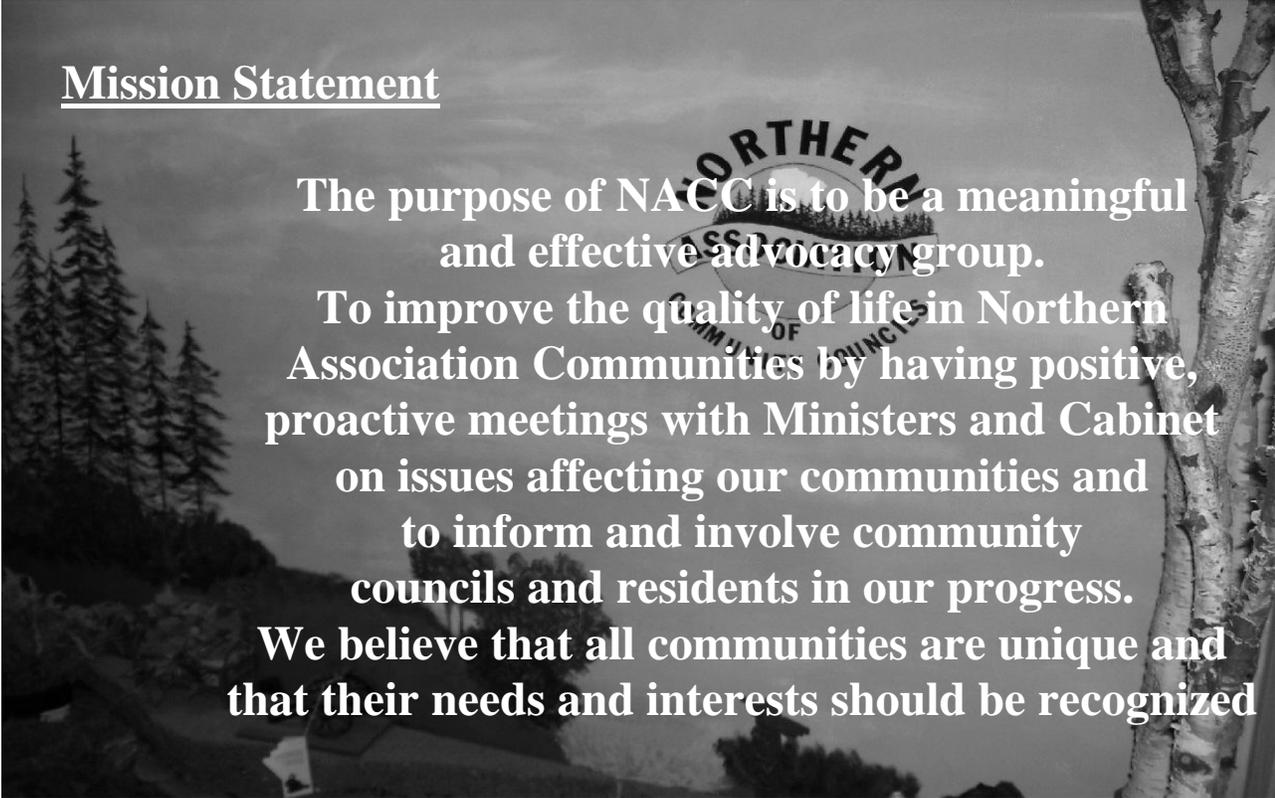


TRANSCRIBING 2 days for NACC 39th Annual General Meeting in August 2009

BAND TENDER for 1 night Wednesday August 19th, 2009
Social 8:00 pm – 12:00 am

CHAIRPERSON for 1 ½ days in August 2009

Mission Statement



The purpose of NACC is to be a meaningful and effective advocacy group.
To improve the quality of life in Northern Association Communities by having positive, proactive meetings with Ministers and Cabinet on issues affecting our communities and to inform and involve community councils and residents in our progress.
We believe that all communities are unique and that their needs and interests should be recognized

You can register on line now at <http://nacc.cimnet.ca>

Please send your resolutions in A.S.A.P.

Government News Release

continued from page 4

Rebound Training Allowance:

Eligible Manitobans will receive an allowance, comparable to the employment insurance allowance, while participating in skills development or other activities related to their Rebound to Work plan.

Eligible Manitobans include current employment and income assistance recipients who are ready to enter the workforce and low-income workers in transition who are not eligible for employment insurance and/or may be at risk of welfare dependency.

Rebound to Work Plans:

Employment and training plans tailored to the specific needs of individuals will be developed for all participants in Rebound.

Services and programs will include career development, job search assistance, literacy and essential skills upgrading, occupational skills development and training, and self-employment supports.

Rebound Linkages:

Opportunities for training and employment will be maximized by partnering with employers and linking to their needs.

Participants will be assessed for their need for literacy and other essential skills upgrading or mental health supports. People with disabilities will be provided additional supports through the Market Abilities program and by agencies offering employment programs.

Green jobs will be created by using the Manitoba Works program to offer wage subsidies to employers. These jobs will help build a sustainable, environmentally friendly economy, said Mackintosh.

In addition, the province will extend the child-care subsidy to three months from two months for people who are actively looking for work. As well, eligible workers in transition would be offered family counselling and financial management training through SEED Winnipeg.

Today's announcement is part of the province's All Aboard poverty-reduction strategy.

CHILDREN'S PAGE

Cinnamon Toast

Originally submitted by Melodi and modified by Kaboose.com

Toast your favorite kind of bread and spread with butter and dust with sugar or honey and cinnamon to add a special sweet surprise to your family's morning routine.

Ingredients

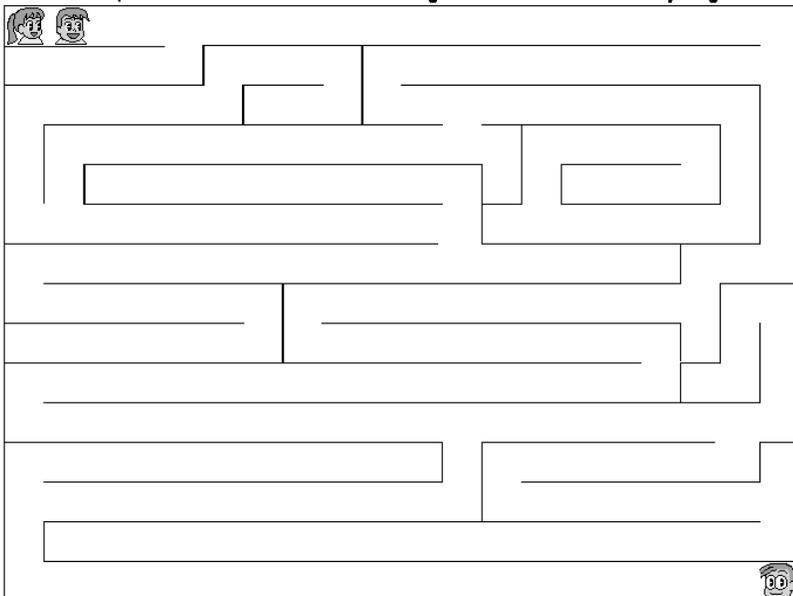
- 2 slices whole wheat bread or rye bread
- 2 teaspoons butter or margarine
- 2 tablespoons sugar (optional use honey instead of sugar)
- 1 teaspoon ground cinnamon

Cooking Instructions

1. Use a toaster to toast the bread to desired darkness.
2. Spread butter or margarine onto one side of each slice.

In a cup or small bowl, stir together the sugar or honey and cinnamon; sprinkle generously over hot buttered toast.

Help the kids find their dad and give him a Father's Day hug



Maze by Katherine Sylvan, Icons by Yuki

free for non-profit use from www.kidsdomain.com

Happy Father's Day

There are fathers and grandfathers all over the world

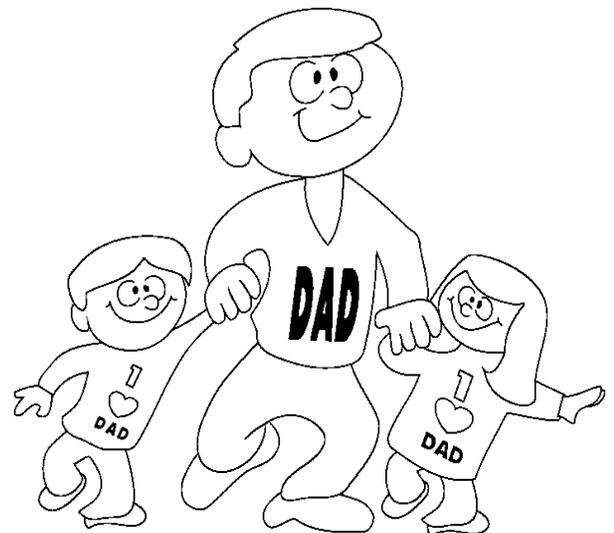
D A D P A P P A S P A I
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E A A B U E L I T O A D
Y K R R K E T Z R O P D
V A N A I S A I S A A Y
I R E H T A F D N A R G
Q A P D N A R G H K B R



ABUELITO
APA
BABBO
DAD
DADDY
FATHER
GRANDFATHER
GRANDPA
ISA
NAGYAPA

OPA
PADRE
PAPA
PAPPAS
PATER
POP
PREDEK
VAARI
VANAIISA
VATER

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Happy Father's Day!

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