SPRING 2007



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Whispering Pines is published by the Northern Association of Community Councils Inc. & printed by Derksen Printers of Steinbach, Manitoba.

We encourage community council members to submit comments, suggestions, articles, and ideas to the editor.

N.A.C.C. 37th Annual General Meeting & Tradeshow

President Reg Meade and the Northern Association of Community Councils Board of Directors are pleased to announce the theme and dates for the Conference.

Theme: "PARTNERING WITH NEIGHBOURING COMMUNITIES FOR A HEALTHIER AND SAFE ENVIRONMENT"

Will be held in partnership with

Manitoba Aboriginal and Northern Affairs



in Winnipeg, Manitoba August 21, 22, & 23, 2007 and the location of the hotel is still **T.B.A**.

Each of the 52 NACC Community Councils is invited to send two delegates from their councils to participate in the conference. One room will be booked for each community council. Also room arrangements will be handled for the Clerks/Administrators and they must be willing to share a room as in previous years.

If you're interested in finding out more about the upcoming AGM& Tradeshow please don't hesitate to call your local board member or call the office Toll free 1-888-947-6222 or (204) 947-2227.

The Regional Meetings were held again in Winnipeg and in Thompson on March 2007. Councils are encouraged to submit their reimbursement claim before March 26, 2007 to the department.

Please note that any claims received after this date will not be reimbursed because of the fiscal year end.

PRESIDENT'S REPORT

Reg Meade ~ President's Report



Some of the meeting that I will be attending or have attended.

- Met with Harvey Bostrum regarding funding from the Forintek Conference.
- Met in the office with MB Hydro regarding hiring problems that MB Hydro is experiencing.
- Met with Jeff Gordon in the office regarding different ways of Delivering Services & the changes to the Capital Approvals.
- Met in Thompson with Freda Albert of ANA about a Housing Project.
- Attended a Grand Opening of a Personal Care Home in Thompson.
- Attended a meeting in The Pas regarding the Wheat Board with the Northern Regional Round Table in attendance were Tim Johnston, MKO Grand Chief and Northern Industrial Mayors.
- NACC put forward names for the Lake Winnipeg Stewardship Board.
- Feb 22, 2007 there is going to be a meeting with the Manitoba Trappers Association.
- March 10 I'll be attending a meeting for the Inland Fisheries.
- I was invited to the MKO office in Thompson to attend the Aboriginal Justice Day formerly J.J. Harper Day.

In closing I would like to say congratulations to all new Mayors and Councilors who have been elected or re-elected. I would like to wish them all the best in the coming years.

EXECUTIVE REPORTS

Helgi Einarsson ~ Eastern Region Chairperson



Hello, hope everyone came through the cold snap without too many problems. It looks like it is now going to warm up. Since December I have been curling at the St. Martin Curling club. We are now in the finals.

Right now I am involved with the MCIFF. We are going around the province doing meetings with fishers regarding Regional processing feasibility study. Meetings will be held in Pine Falls, Riverton, Gypsumville, Grand Rapids, St. Laurent, Wabowden, Swan River or Leaf Rapids. In November the Lake Winnipeg Stewardship Board submitted its final report to Minister Melnick. She

has only just released it and her comments and commitments. If anyone wants a copy of the report please let the office know and we will get it out to you.

At the office we are advertising for a new Executive Assistant as Jacqui is no longer there. We have been approved for an extension for our Healthy Foods Initiative so Jessica will be staying on in our office. Kathy is still in her position and is picking up the slack until we hire the new assistant. Hope to see everyone at the Regional Meetings in March. Until next time....

EXECUTIVE REPORT's Continued:

Anne Lacquette ~ Western Region Chairperson



I would like to welcome all of the new and returning Mayors and Councillors to NACC. I would like to thank all the outgoing Council members for the work that they have done for their communities.

The Western Region would like to welcome Karen Barker to our area as the new Regional Director. We look forward to working with her.

At this time I would like to commend all Councils and Administrators on the good job that they are doing in their respective communities.

If you have any concerns feel free to contact Larry Chartrand, Western Region Vice-Chairperson, Harold Fleming Western Region Secretary-Treasurer, or myself. We will do our best to assist you in any way that we can.

Hope everyone has a Happy Easter!

Frances McIvor – Northern Region Chairperson



It has been a very busy time since the last publication of the Whispering Pines for every one. I always like to attend meetings that will enhance the communities of Northern Manitoba. Some times it can become over whelming. Of the many meetings I attended one was a meeting in Thompson regarding Bridging Opportunities, (to increase Aboriginal participation in the Manitoba economy). This was an excellent report. Business, labour, and community now have to make use of the recommended positive actions. Also I was invited to participate in a two day session to contribute views to the development of the Burntwood Regional Health Authority Strategic Plan 2007-2011. This was an excellent opportunity for me to implement some of the concerns that affect the

Northern Region.

I look forward to seeing everyone at the Northern Regional Meetings that will be held in Thompson, March 13-15, 2007.

In closing I would like to congratulate the new Councillors and Mayors who were recently elected.

Government Update

FURTHER STEPS TO CURB PHOSPHORUS, FACILITATE ENHANCED SCIENCE AMONG NEXT STEPS IN ACTION ON LAKE WINNIPEG

Province has Started Action on 84 per cent of Recommendations, Lake Stewardship Board Report Provides Clear Blueprint for Action: Melnick

Water Stewardship Minister Christine Melnick today released the Lake Winnipeg Stewardship Board's final report and announced the next new steps in reducing nutrients in the lake.

"This report clearly shows Manitoba is on the right track in its plan to improve the condition of Lake Winnipeg, as we have already initiated action on 84 per cent of the recommendations, "the minister said. "I would to like thank the board members for their hard work. This report provides governments, businesses and individuals with a clear blueprint that will help us further face our collective responsibility to fix a problem that was decades in the making."

The minister accepted in principle all 135 recommendations in the report, noting the province has already acted on or initiated action on 113 of the recommendations.

"The recommendations in this report are far-reaching, crossing every sector of society, and present a plan for action. Now is the time for all of us to accept our collective responsibility and to support the province's commitment to action for the benefit of Lake Winnipeg, "said Bill Barlow, chair of the Lake Winnipeg Stewardship Board.

Melnick announced immediate next steps on priority areas outlined by the Lake Winnipeg Stewardship Board. These include:

A renewed, robust commitment to infrastructure investments. The province will negotiate predictable funding agreements with municipal and federal governments on wastewater infrastructure, building on the \$100 million the province already invested in water-quality projects around the province since 1999 with a focus on support for the costs of meeting stronger environmental standards.

An expanded mandate for the board. The Lake Winnipeg Stewardship Board's mandate has been expanded to advising government on matters such as water pollution and fisheries issues. As well, the board will periodically report to the minister on the state of the lake.

New investments in research and shared science. The Manitoba government will make new investments in scientific research on Lake Winnipeg and its watershed including funding for the ship Namao as a research and education platform. In addition, a committee of scientists will be formed to share information and improve co-ordination of research on the lake.

Continued on page 5: Further Steps To Curb Phosphorus, Facilitate Enhanced Science Among Next Steps In Action On Lake Winnipeg

Restrictions on phosphorus. This spring, the province will be introducing limits on fertilizer and municipal sludge application on agricultural lands and golf courses as part of its nutrient management regulation and will prohibit all nutrient applications in buffers zones along water bodies. Currently these restrictions only apply to manure application. These restrictions will apply immediately for new developments. For existing properties in sensitive areas, they will come into effect in 2009. For remaining parts of the province, they will be in effect in 2011.

A cross-government action team. A new team of government representatives will be assembled to spearhead action and co-operation on improving lake quality.

Initiation of public education, consultations on cosmetic fertilizers and other household products. Manitoba Water Stewardship will engage the public and stakeholders about the harmful impact on Lake Winnipeg of products that contain phosphorus and will seek public advice on ways to find alternatives to their use.

Melnick said actions announced today build on the Manitoba government's ongoing efforts since 1999 to improve water quality and protect this valuable resource.

"This government has worked very hard and diligently to ensure that Lake Winnipeg and all of the waterways in our province are protected. Some of our many initiatives include creating the very first department of water stewardship in Canada, passing the first-of-its kind Water Protection Act and investing more than \$100 million toward water-quality projects in Manitoba. We have also committed to public education on the harmful effects on water quality that result from cosmetic fertilizers and other household products containing phosphorus," said Melnick.

The Lake Winnipeg Stewardship Board was formed in 2003 as part of the Lake Winnipeg Action Plan. The board comprises 17 members with representatives from a variety of interests and sectors including municipalities, First Nations, commercial fishing, science and agriculture.

"Again, I would like to thank the board for their efforts in producing this very technical and complex report which will help us bring Lake Winnipeg's nutrient status to its pre-1970's conditions. We in Manitoba know that clean water is the gold of this century and by respectfully handling this resource, the 21st century will belong to us. It is imperative that everyone in the province take part in protecting and preserving our tremendous resource for future generations," concluded Melnick.

A list of Manitoba water projects can be found at: <u>http://www.gov.mb.ca/water</u> <u>stewardship/water_quality/la</u> <u>ke_winnipeg/interim_rpt.ht</u> <u>ml</u>.

Notice of Tender



Northern Association of Community Councils Inc.

Tender will be available on April 30, 2007 from our office. Please call then to request a copy. Northern Association of Community Councils is accepting sealed tenders for the following:

Transcribing for NACC 37th Annual General Meeting in August 2007.

Recording & Recording Equipment for NACC 37th Annual General Meeting in August 2007 **The lowest or any Tender not necessarily accepted.**

Community News



"Brochet, MB. and Beyond"

Brochet once had a priest that relentlessly tended to several community gardens, promoting community wellness, creating local accessibility to healthy foods and beautified the entire area. Still today the mission ground is well nourished from past tender loving care, and awaits future nourishment.

The Northern Healthy Foods project continues to grow, pun intended. Brochet, one of the most remote communities in Manitoba will be demonstrating a greenhouse project, in collaboration with Frontier School Division, Brochet Community Council, Manitoba Aboriginal and Northern Affairs, Northern Healthy Foods Initiative, led by NACC.

The project was prompted for several reasons, based on the interest of the community.

Projects such as these can incorporate an array of positive outcomes, such as:

- 1) Connects youth with nature
- 2) Connects community members with school
- 3) The greenhouse will incorporate a more hands on and healthier school curriculum
- 4) The Greenhouse can produce up to 1000 vegetables, of the communities choice
- 5) Promotes community beautification
- 6) Aids new gardeners, and supports intermediate green thumbs
- 7) Encourages food localism and sustainable food systems
- 8) Presents economic development opportunity
- 9) Encourages waste management such as composting
- 10) Promotes food preservation
- 11) Potentially reduces grocery bills!!!!!!

Steps of the project include:

- 1) Student germinating plants for greenhouse as part of school curriculum
- 2) Building modest Greenhouse at the school;
- 3) Transplanting germinated vegetables into greenhouse
- Sharing germinated vegetables and flowers from greenhouse once school is out for summer
- 5) Transplanting flowers and vegetables in individual and community gardens
- 6) Maintaining the gardens and enjoying the vegetables
- 7) Preserve left over veggies

This project encompasses several aspects of community wellness, such as instilling pride with community youth, developing healthy eating habits, increasing physical activity, reducing diabetes and increasing connection of man and nature.....



On Sunday January 21, 2007 Irene Anna Govereau a former Board Member of the NACC has left us at the age of 68. All of us will remember her kind ways and devotion and

how she contributed to the members of the Fisher Bay Community Council.

In 1979 Anna became a Board Member of the NACC and was voted in as the Treasurer for the Eastern Region at the Annual General Meeting. She also was a council member of the Fisher Bay Community Council. Our memories of Anna will remain with all of us and the President Reg Meade, the Board of Director and Staff of NACC would like to send out their condolences and prayers to Anna's family in their time of loss and remembrance.

Whispering Pines is a quarterly publication of NACC, which provides an essential means of communication between isolated communities and regions. Whispering Pines has been serving as an information tool of northern communities since the early 1970's. Your comments are greatly appreciated. The next issues are scheduled to be set out as follows June, September and December.

WATER STEWARDSHIP MINISTER ANNOUNCES LONG SERVICE FISHER AWARD Nominations Sought to Honour Commercial Fishers: Melnick

To recognize the long-term contributions of Manitobans to the province's commercial fishing industry, Water Stewardship Minister Christine Melnick today announced the introduction of Manitoba's Long Service Fisher Award. Commercial fishing is critical to the local economies of many of the province's northern communities and is a major contributor to Manitoba's overall economy, paying out more than \$30 million annually to commercial fishers. The Freshwater Fish Marketing Corporation, which processes and markets fish on behalf of fishers, has annual sales averaging \$60 million. Freshwater fish harvested in Manitoba is considered to be of exceptional quality and is sought in markets throughout the world.

"It is a pleasure to announce with the Manitoba Commercial Inland Fishers Federation (MCIFF) the introduction of the Long Service Fisher Award," said Melnick.

Presentation of the Long Service Fisher Awards will take place at a dinner hosted by Melnick at the MCIFF's annual general meeting on April 11 in Portage la Prairie. The MCIFF will assist Manitoba Water Stewardship in seeking nominations of fishers who qualify for the award.

All Manitobans with 50 years or more of commercial fishing experience are eligible to receive the new Long Service Fisher Award. Fishers can self-nominate or be nominated by others. Nominations are due March 28 and nomination forms will be available online at

<u>http://www.gov.mb.ca/waterstewardship</u> or from the MCIFF.

In conjunction with the Long Service Fisher Award, the MCIFF, in partnership with the minister, has also established an Exceptional Contribution Award to recognize fishers from the federation's various regions.

Manitoba's fishing industry includes more than 3,200 commercially licensed fishers and their hired helpers, the vast majority of whom are of Aboriginal or Métis descent.

"Manitobans who have worked in the fishing industry over the years have created a colourful history, developed strong community ties and built an industry that is an important piece of the province's economy," said Education, Citizenship and Youth Minister Peter Bjornson.

For more information about the Long Service Fisher Award, call the MCIFF at 204-797-7109.

Pov

Power up your Career at <u>Manitoba Hydro</u>

If interested in any of the following employment or training opportunities at Manitoba Hydro please call the phone number (s) below or go to our website at

www.hydro.mb.ca

Phone: (204) 477-7282 Toll Free: 1-800-565-5200

Office Environment - General employment opportunities include Administrative Representatives, Customer Support Representatives, System Developers, and General Accountants

Field Work - In a 'field' environment, we recruit for positions such as Labourers, Utility Workers, and Storekeepers

Professional Opportunities

As Professional opportunities become available at Manitoba Hydro, we will sometimes advertise positions in the Career Section of the Winnipeg Free Press. At other times we will use applications and Candidate Profiles submitted through our e-Recruitment system without advertising the position. We are currently encouraging applications from experienced, qualified professionals. Professional Opportunities include Professional Engineers, Professional Accountants, Information Technology, Marketing Professionals.

Students

If you are a student interested in being considered for summer student employment with Manitoba Hydro, you must register with STEP Services. STEP Services is responsible for student registration, referral and placement in all Provincial Government Departments and Crown Corporations, which includes Manitoba Hydro. Complete a STEP Services Student/Youth Employment Registration Form on-line as early as November for employment the following summer: <u>www.studentjobs.gov.mb.ca</u>

Aboriginal Pre-Placement Training Programs

Manitoba Hydro has three Aboriginal Pre-placement Training Programs in the trades. These programs were designed to provide opportunities for Aboriginal candidates to gain the skills and competencies to compete and be successful in the Power Supply Worker Training Program, the Line Trades Training Program, or the Power Electrician Training Program. The Aboriginal Pre-placement Programs support Aboriginal candidates across the province with opportunities in both Northern and Southern Manitoba.

For more information on the Northern preplacement training program please contact:

Kelvin Hall

Aboriginal Training Coordinator Phone: (204) 778-1364 (Thompson) Phone: (204) 679-0024 (cell)

For the line trades training program please contact:

Chris Thomas

Training Coordinator PH: (204) 482-2404 Winnipeg Direct - 284-2265 Ext. 404

For the Southern pre-placement program please contact:

Karen Sandney

Aboriginal Training Coordinator Phone: (204) 467-3119 Fax: (204) 467-9726 Cell: (204) 470–8930 E-mail: ksandney@hydro.mb.ca

Other Training programs include:

Commerce Career Development Program - Opportunities in Marketing, Accounting, Finance and Human Resources. Rotate in 4 different areas of the corporation over 2 years. 1-2 applicants accepted annually. Minimum educational requirement is a Commerce Degree majoring in the above named

opportunities. Recruitment is in September/October for a January or later start date.

Engineer-in-Training Program - Opportunities in mechanical, electrical and civil engineering. Rotate through different areas of the corporation. 11-13 applicants accepted per year. Minimum educational requirement is a Bachelor, Master or PhD degree in Electrical, Civil or Mechanical engineering from a recognized educational institution. Recruitment takes place in September/October for a January or later start date.

Information Technology Program - Opportunities in system support, development and web technologies. Rotate through different areas of the corporation. 4 applicants per year. Minimum educational requirement is a 4 year degree in Computer Science (honours) from a University or a 2 year diploma in Computer Programming Technology from a recognized institute. Recruitment takes place in August/September with a January or later start date.

Power Electrician Training Program - Construct, maintain and commission electrical apparatus used in electrical power generation, transmission, distribution and converter systems. 10-14 applicants per year. Minimum educational requirements is a high school diploma (with Math 40S applied/precalculus; English 40G, Physics 40S). Recruitment takes place in the summer months for September start dates.

Power Cable Training Program - Construct, maintain, terminate, locate and repair underground electrical power lines. 6-8 applicants per year. Minimum educational requirement is a high school diploma (Math 40S, English 40G, Physics 30S). Recruitment takes place in December/January with a March/April start date or in June/July for a September start date.

Power Supply Worker Program - Electrical power supply workers maintain and repair power generators, transformers, breakers and meters. Mechanical power supply workers work with all mechanical equipment used to generate and convert <u>electricity. 25 applicants accepted per vear.</u> Minimum educational requirement is a high school diploma (Math 40S and English 40G) or a 2-year diploma in Electrical, Electronic or Mechanical Technology. Recruitment takes place in April with a June/July start date.

Relay Protection & Control Technician Program

- Install, run and maintain protective relaying, metering and recording systems. 6 applicants per year. Minimum educational requirement is a 2 year Electrical Technology Diploma from a recognized college. Recruitment takes place in April with a July/August start date.

Telecommunications & Control Technician Program - Install, run and maintain telecommunications systems (work with 2-way radios, microwaves, telephones and fiber optics). 10-12 applicants per year. Minimum educational requirement is a 2 year Electronic, Computer or Communications Technology Diploma from a recognized college. Recruitment takes place in April with a July/August start date.

Scholarship

Manitoba Telecom Services - 2007 Awards Programs

MTS Pursue Your Calling Scholarship Application Deadline: April 30, 2007

The Pursue Your Calling scholarship is designed to encourage students to study in areas of high demand for the telecommunications industry. Scholarships will be awarded to Grade 12 and/or mature students entering their first year of fulltime study in fields of study related to business administration, information technology and engineering. Students are eligible to receive an award for a maximum of fours years of study.

Contact Information: Sandy Adelman, Corporate Equity Specialist, MTS Allstream Telephone (204) 941-6124 Email:

sandy.adelman@mtsallstream.com

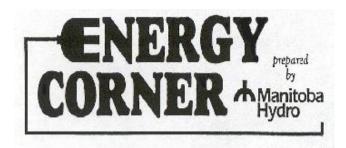
Scholarships ~ continued on page 9:

MTS Telecommunications Award at Red River Community College Application Deadline: September 15, 2007.

The award provides funds to students who are enrolled in telecommunications courses at Red River College in fields of study related to information, network and electronic technology. Students are eligible to receive an award in their first or second year of study.

Contact Information: Darlene Funk, Coordinator Student Awards and Financial Aid, Red River College Phone: 204-632-2327

Email: DFunk@rrc.mb.ca www.rrc.mb.ca



Good-bye, Manitoba Winter

Snow and ice are two of the necessary evils that are associated with saying good-bye to a Manitoba winter. They build up on everything, and this creates more work for some, or just simply makes work harder for others.

Outdoor natural gas and/or pressure regulator sets are designed to withstand extreme weather, but remember to protect them from ice and snow buildup. Clean and repair leaky eaves troughs to prevent ice and melting snow from dripping onto the meter causing it to be encased in ice. Don't pile snow against your natural gas meter when shoveling or blowing snow. Remove soft snow buildup gently, using only a broom or your hand. Call 480-5900 or 1 888 MB HYDRO (1-888-624-9376), if you notice ice buildup on any part of the natural gas meter. Do not try to remove it by kicking or hitting the gas meter or piping.

Ice also builds up on power lines, which may cause them to break, or the poles to snap or crumple under the weight in a matter of hours. So, the ice must be removed as quickly as possible by Manitoba Hydro employees to ensure against power outages and equipment damages. If you notice an excessive build up of ice on a certain section of lines, call 480-5900 or 1 888 MB HYDRO.

In order to keep yourself and your family safe, always stay clear of low or sagging lines. Travel under or near them can be dangerous. Immediately report downed wires to Manitoba Hydro or to the police, and treat all downed wires as if they are energized and stay clear of them. Make sure that children don't go anywhere near them, and keep pets inside to ensure their safety. You should never attempt to repair lines or remove tree limbs from lines.

If you see crews working on ice laden lines in your community, try to avoid traveling near their work area.

In the case of a prolonged power outage, stay tuned to your local radio station for regular updates on the progress of the restoration efforts.

Whispering Pines

The next issue of Whispering Pines will be published in the summer of 2007. Articles for June's issue should be submitted by the third week in May. Articles submitted from the Communities are placed in the Whispering Pines free of charge! So please send your articles, events or meeting dates today. Thanks!



Here we are in a new-year and we are looking forward to working with the membership in the coming year.

The office has been quite busy and it's been almost four years since we have moved into 750-331 Smith Street in the Marlborough Hotel. I would like to invite all community members to come by and visit us when you're in the city. Our conference is scheduled again in August and I am raring to go to make this the best conference again. The date is August 21-23 the 4th week of August this will give everyone a chance to go shopping before school starts again in September.

I have been busy working on the NACC website, newsletter, conference, resolutions and minutes etc....

We have been short staffed since the beginning of January and as soon as the other position is filled then we can get down to dealing with the issues that have been coming up in the communities. For the next AGM the location of the hotel is still to be determined after the Board of Directors decides where the conference is to be located then you will be able to register on-line on the NACC Website @ http://nacc.cimnet.ca as а Delegate, Administrator/Clerk or for the Tradeshow. We are trying to encourage the Community Councils to have a booth in the Tradeshow there is no cost and it's a great way to promote your community.

If you would like more information on NACC's 37th Annual General Meeting & Tradeshow please don't hesitate to contact the office Toll Free @ 1-888-947-6222. I can't believe that NACC is in their 37th year as an organization.

In closing I would like to wish everyone a Happy Easter!!

Northern Healthy Foods Initiative Northern Healthy Foods Initiative

Greetings!

As the Northern Healthy Foods, Grow North and other projects move forward, so does success. Last year there were a total of 123 gardens planted in the NACC communities. Now we aim to implement more gardens, greenhouses, recreation, health, and safer communities.

As Manitobans are at the mercy of spring, now is the time for growth. Whether one is ordering seeds to plant their garden or planning outdoor activities, change presents opportunity for positive development.

Future projects aim to assist with housing issues, safer communities, opportunity for youth and community development. In the past several months, relationships with partners have reared a newfound strength, such as Sport Manitoba, Frontier School Division, RCMP, Integrated Working Group, Public Health, University of Manitoba and Winnipeg, Manitoba Agriculture Food and Rural Initiatives, the list goes on.

If your community is interested in having a garden project in their community and need my assistance please don't hesitate to call the office and I would happy to assist.

Jessica Paley, Northern Healthy Foods Initiative Project Coordinator

Kathy Frisk, Editor Whispering Pines Newsletter

Manitoba Hydro invites submissions to 2007 Spirit of the Earth Awards

Spirit of the Earth Awards promotes environmental awareness while recognizing the culture and history of Aboriginal people. The annual Awards program is open to any individual or group whose environmental activity has been implemented by Aboriginal people, or non-Aboriginal people working with Aboriginal communities.

The deadline for submissions is April 27, 2007.

Spirit of the Earth Award recipients will be honoured on National Aboriginal Day, June 21, 2007 in OCN/The Pas, Manitoba.

Criteria Submission must:

Demonstrate the positive impact the project or initiative has had on the environment (give examples of how the impact was achieved and measured; provide photographs of the project/initiative, if possible);

Illustrate direct involvement of Aboriginal people or non-Aboriginal people working in partnership with Aboriginal communities (describe target audiences and how many people reached);

Describe objectives, outstanding attributes and total cost;

Show how education was part of the project/initiative (describe teaching materials and techniques);

Submissions may also relate to activities that provide opportunities for youth and Elders to interact on the land. Eligibility

Individuals, organizations, and partnerships

Youth and student organizations

Culture, religious and sport group

Educational institutions

Trade or professional organizations

Media

Send your completed submission form to: Spirit of the Earth Awards c/o Manitoba Hydro 820 Taylor Avenue PO Box 815 Winnipeg, MB R3C 2P4

For more information Phone: (204) 474-4934 Fax: (204) 474-4974 E-mail: <u>bcarruthers@hydro.mb.ca</u> Website: <u>http://www.hydro.mb.ca</u>



Events Calenda

MATHESON ISLAND FISHING DERBY FEB 24TH 2007



CATEGORY ONE 190 entries

1ST Heaviest Fish 25% payout \$ 2077.50 & Trophy Pat Devaney 3.48 lb Jackfish

2ND Heaviest Fish 15% payout \$ 1246.50 & Trophy Wayne Whiteway 3.38 lb Maria

3RD Heaviest Fish 10% payout \$ 831.00 & Trophy Farin Collins 2.8 lb Pickerel

4TH HEAVIEST Fish - Jacket Donated by: Gimli Snowmobile Huey Collins 2.26 lb Maria

5TH Heaviest Fish - Jacket Donated by: Foster Tire, Arborg Daniel Stevens 2.09 lb Maria

6TH Heaviest Fish - Jacket, cap, sweatshirt Donated by: Fastline Sports, Silver Edgar Mowat 2.04 lb Maria **Lightest Fish** \$50.00 Brenda Kirshman .06 Perch

CATEGORY TWO (AGE 12 & UNDER) 51 entries

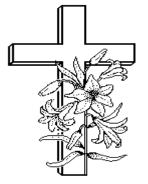
1ST Heaviest Fish50% payout \$255.00 & medal Gracyn Melsted1.96 lb Maria

2ND Heaviest Fish 35% payout \$178.50 & medal Eric Sigurdur .22 perch

3RD Heaviest Fish 15% payout \$76.50 & medal Brent Kirshman .10 perch

The Matheson Island Community Council would like to thank the people and businesses that supported the Fishing Derby held on Feb 24th, 2007 the social was sold out and band that played was Derryl Sanderson &Chances R

Without the support, it would not have been as



successful as it was. Happy Easter from the President, Board of Directors & Staff of NACC The NACC communities held elections on Valentines Day, February 14, 2007. In April we will receive an up-dated list and if you are interested in receiving a copy of the list please feel free to call us and we'll send you a copy.

"CONGRATULATION TO ALL THE NEW MAYORS AND COUNCILLORS!"

3rd Annual Walleye Warrior 24 hour Ice Fishing Marathon was held again in Gimli, MB – March 9-11, 2007 raised was \$16,000.

The Walleye Warriors would like to thank the participants and companies who have shown their support for Brian LeClair who passed away on Feb 5 ,2005 one month short of the first annual fishing Marathon after a lengthy 5 year battle with Cancer. His wish was to support Cancer Care Manitoba patient services. The funds that have been raised at the Walleye Warrior Marathon's are being used to support patient services provided by volunteers at CancerCare Manitoba.

Early in 2004 Brian LeClair talked about his dream to raise funds by hosting a fishing marathon. He was passionate about the cause and sincere in his desire to have the money raised going to CancerCare Manitoba - patient services.

During his five years at CancerCare Manitoba, he had always appreciated the work that volunteers did in providing him and other patient's comforts that go beyond medical treatment. It is such a fitting legacy that the Walleye Warrior 24 hours Ice Fishing Marathon is now an annual event. "In Memory of Brian LeClair - Founder", and the donations will benefit hundreds of patients each day. If you're interested in learning more about the Walleye Warriors visit <u>http://www.walleyewarriormarathon.com</u>

Board of Directors

President ~ Reg Meade Helgi Einarsson ~ Eastern Chairperson Frances McIvor ~ Northern Chairperson

Anne Lacquette ~ Western Chairperson Greg Wood ~ Eastern Vice-Chairperson Glen Flett ~ Northern

Vice-Chairperson Larry Chartrand ~ Western Vice-Chairperson Barbara Marcyniuk ~ Eastern Sec.

/Treasurer Veronica Sinclair ~ Northern Sec. /Treasurer Harold Fleming ~ Western Sec. /Treasurer

FAMILY SECTION – RECIPES



Simple Southern Style "Un-fried" Chicken

Prep Time: 15 min. Ready In: 1 hr. 30 min.
Serves: 6
1 Whole Chicken (about 3 lb.) cut-up
1/3 cup Kraft Calorie-Wise Rancher's Choice

Dressing

1 pouch Shaken Bake Extra Crispy Original Coating Mix

REMOVE skin from all chicken pieces except wings. Place chicken in resealable plastic bag. Pour dressing over chicken in bag, turning to coat all chicken pieces well. Refrigerate at lease 30 min. to marinate.

PREHEAT oven to 400°F. Place contents of seasoning pouch on plate. Remove chicken from bag, one piece at a time. Dip chicken in coating, turning to coat lightly. Arrange on baking sheet. Sprinkle any remaining coating from plate over chicken.

BAKE 40 to 45 min. or until cooked through



Quick Cheese Bread Prep Time: 10 min. Ready In: 50 min. Serves: 16 3 cups flour 4 tsp. Magic Baking Powder ¹/₂ tsp. salt 2 cups shredded Cracker Barrel Cheddar Cheese 1-1/2 cups milk 2 Tbsp. butter or margarine, melted

PREHEAT over to 400°F. Combine flour, baking powder, salt and cheese in large bowl.

ADD milk and butter; stir until mixture forms soft dough. Place in greased 9x5-inch loaf pan.

BAKE 35 to 40 minutes or until toothpick inserted in centre comes out clean and top is golden brown. Remove from pan; cool completely. Cut into 16 slices to serve.

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