

FALL 2008

NACC 38th AGM & Community Support Forum

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We encourage community council
members to submit comments,
suggestions, articles, and ideas to
the editor.

NACC 38th Annual General Meeting & Community Support Forum on **August 19-21, 2008** at the Marlborough Hotel located at 331 Smith Street in Winnipeg, MB. The Conference started on **Tuesday, August 19** with the **Master of Ceremonies** - Bill Flamond and greetings from dignitaries in the Skyview Ballroom. The **Grand Procession & Flag ceremony** was lead by Inspector Tyler Bates RCMP Officer in Charge, Community, Contract and Aboriginal Policing Services, Flag bearers: Desire Colombe, Rikki Colombe and Brian Henderson, Fiddler: Johnathon Colombe. **Opening Prayer** by Anne Lacquette, Western Chairperson, followed by a **Moment of Silence, then Welcoming Remarks from:**

The Honourable Gary Doer, Premier, Province of Manitoba
Mr. Rod Bruinooge, Parliamentary Secretary to the Minister of Indian Affairs & Northern Development
Hugh McFadyen, Progressive Conservative Party of MB.

The Honourable Dr. Jon Gerrard, Leader of the Liberal Party of MB.

Mr. David Chartrand, President, Manitoba Metis Federation

Acting Deputy Mayor Gord Steeves, City of Winnipeg

Introduction of the NACC's Board of Directors

Mr. Reg Meade, President, NACC

Special Guest Chantelle Chornoby, Ilford Community

NACC would like to send out a big thank you to the Master of Ceremonies Bill Flamond.

More info on the AGM, continued on page 11

PRESIDENT'S REPORT

Reg Meade ~ President's Report

First of all I want to thank everyone for attending our 38th Annual General Meeting and Community Support Forum and for making our conference a successful one. I also want to express my appreciation to the staff and volunteers for all their hard work.

I would like to thank you for electing me to serve you as your President for another term. It is a great honour to have been re-elected and I look forward to working with everyone and we will continue to work together to improve the services and opportunities in Manitoba's northern communities. I would also like to congratulate the board on their re-elections and welcome our newest board member, Martha Chartrand. Martha is the new Secretary-Treasurer for the Northern region.

I attended the regional screenings as well as, the Capital Approval Board meetings that were held in Winnipeg and Dauphin in September. After going through the capital applications I noticed that there are a limited amount of applications coming in and I realized that people are having difficulties with filling them out. Therefore the challenge for this upcoming year will be to get as many applications filled out properly and get as many through to the screening process. NACC will be happy to assist you with filling out the applications to ensure they are completed effectively.

Barb Marcyniuk and I met with Minister Wowchuk to discuss the flooding issues concerning many NACC communities. Minister Wowchuk ensured that programs such as AgriStability are in place to assist the affected producers and she also ensured that the interim payments would be turned around quickly. Minister Wowchuk encourages people to apply because assistance will be provided. Unfortunately, if people do not apply they cannot provide the assistance. So we encourage you to utilize your local GO managers in your communities.

I am also looking forward to attending the Northern Harvest Forum in Thompson where I was invited to provide greetings at the dinner.

In closing, I wish you all a Happy Thanksgiving!

EXECUTIVE REPORT's

Helgi Einarsson ~ Eastern Region Chairperson



Hello once again from Dauphin River. Here we are, gone! I have been quite busy commercial fishing, conference things, on the phone with Barb Dallas/Red Rose dealing with the flooding issues that August and the farmers not being able to get any hay soaked fields that now look like lakes. This is them especially not having the hay to winter their I went to a meeting with the Deputy Minister of Water Stewardship regarding the setting up of a co-



September almost working on post Marcyniuk of happened in or crops off the devastating to cattle.

management board for the north basin of Lake Winnipeg. I also attended the regional screening meeting for the Capital projects. Only four projects went forward from our region.

All others were incomplete in one area or another. Hope everyone has a good fall. Until next time

EXECUTIVE REPORT's continued:

Anne Lacquette ~ Western Region Chairperson



To begin, I would like to thank all the Mayors, Councillors and CAO's who attended our conference and made it a huge success.

Congratulations to Reg Meade, our President, Helgi Einarsson and Frances McIvor on their re-elections to their Board positions with NACC. I would also like to welcome Martha Chartrand to the Board of NACC, as the Northern Region's Secretary/Treasurer.

I also wanted to congratulate my granddaughter Brigitte Lacquette who is a defenceman for Canada's national under -18 team. She traveled to New York I just wanted to say to her, keep up the great work!

I would also like to thank the Mayors and Councillors who supported me on my bid for re-election as the Western Chairperson. If you have any questions or need assistance I can be reached through the NACC office or at home by calling (204) 628-3275.

Frances McIvor ~ Northern Region Chairperson



I would like to gratefully acknowledge the Northern Region for their continuous support and for allowing me the opportunity to be their representative for another term.

I would like to welcome Martha Chartrand, Mayor of Pikwitonei to the Northern Association of Community Councils ("NACC") Board of Directors, as the Secretary-Treasurer for the Northern Region. We all look forward to working with you.

The discussions held during our regional meetings were very informative and the issues and concerns will continue to be addressed and move forward. Glen Flett, Martha Chartrand and I share common goals which will be targeted in the next few months.

Thank you to the staff of NACC for the dedication and hard work they displayed to make the 38th Annual General Meeting a successful one. It is great to see the communities come together to discuss their common concerns, both positive and not so positive. I would also like to acknowledge the Board of Directors for their continuous hard work and dedication serving the communities.

On behalf of the Board of Directors of NACC, I wish all the new and returning students the best in the 2008/2009 school year.

Last but not least the Board of Directors would like to thank the Youth Advisory Council and the Youth delegations who volunteered and for their hard work at the conference.

Government Update

August 27, 2008

PROVINCE TO EXTEND WORKERS COMPENSATION COVERAGE

Labour and Immigration Minister Nancy Allan, minister responsible for the Workers Compensation Board (WCB), announced today the province will extend the number of industries covered by the Workers Compensation Board, effective Jan. 1, 2009.

“We are committed to gradually extending coverage in a balanced manner that makes sense for employers and workers,” said Allan. “This is another important step and extends compulsory coverage to about 30,000 employees in industries that are higher risk, related to currently covered industries or to industries that already have higher levels of voluntary coverage.”

The changes follow a comprehensive public review of the Workers Compensation Act which recommended coverage of workplaces be extended after consultation. The WCB undertook extensive consultations including mailing out 43,000 consultation packages.

WCB coverage is being extended to about 7,500 additional employers and 30,000 more workers. Manitoba will move from the lowest level of covered workforces among Canadian jurisdictions. Following these changes, it is expected that three Canadian jurisdictions will have lower coverage levels: Nova Scotia, Ontario and Saskatchewan. In January 2007, the Manitoba government extended compulsory WCB coverage to Whispering Pines

about 6,400 workers.

WCB coverage provides advantages for all involved, including wage replacement and healthcare treatment for workers and employers receive protection against lawsuits.

“Manitoba will no longer have the lowest level of coverage in the country and we are pleased to have moved into the Canadian mainstream,” said Allan. “However, more needs to be done. In order to achieve this, the WCB will launch a campaign to encourage voluntary coverage for non-compulsory industries after implementation of the extension as was recommended by the public review.”

The Workers Compensation Board of Manitoba had the second-lowest average assessment rate in Canada in 2006 and 2007 and the third-lowest in 2008. The time-loss injury rate has also decreased by 25 per cent since 2000.

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BACKGROUND INFORMATION

continued on page 5

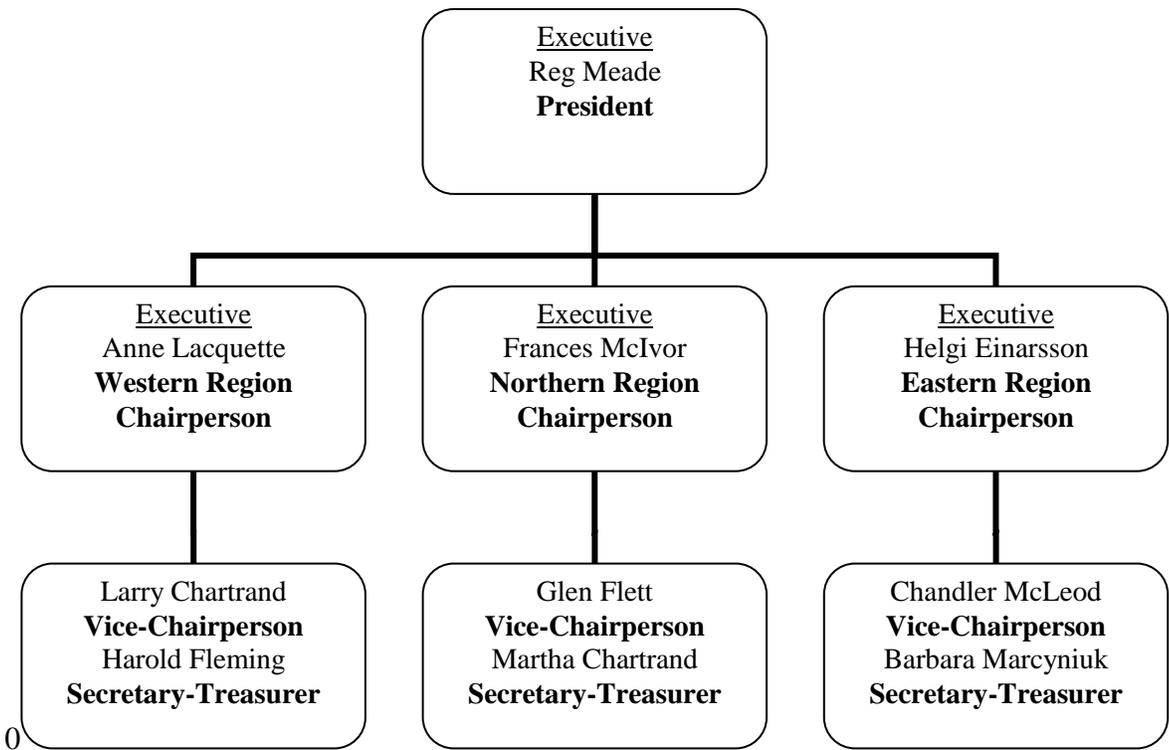
**PROVINCE TO EXTEND WORKERS
COMPENSATION COVERAGE
BACKGROUND INFORMATION**

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**INDUSTRIES INCLUDED THE IN EXTENSION OF
COMPULSORY WCB COVERAGE
EFFECTIVE JAN 1, 2009**

- Advertising and marketing
- Animal services
- Auctions and appraisals
- Audiovisual and multimedia production
- Beekeeping
- Brokers and sales agents
- Call centres
- Camps
- Car or truck rentals
- Cemeteries
- Driving schools
- Farming (other than family members) including incidental activities
- Farm-related services
- Fitness or spa facilities
- Flea markets
- Freight shipping
- Gaming
- Graphic design, interior design or decorating, drafting
- Greenhouses
- Hatcheries
- Laboratories
- Livestock markets
- Mail order sales
- Museums and galleries
- Photography
- Political parties (including constituency offices)
- Rental services
- Research
- Schools (excluding teachers)
- Social services
- Unions and labour organizations
- Vermin extermination
- Veterinary services

Best wishes to Reg Meade, for his re-election as the President for NACC, Helgi Einarsson, Anne Lacquette and Frances McIvor on their re-elections to their Board positions with NACC and the Board would also like to welcome Martha Chartrand to the Board of NACC, as the Northern Region's Secretary/Treasurer



From left to right: Larry Chartrand, Anne Lacquette, Harold Fleming, Reg Meade, Helgi Einarsson, Chandler McLeod, Barbara Marcyniuk, Frances McIvor and Glen Flett, missing from this picture is Martha Chartrand the newly elected Northern Secretary/Treasurer.

ABOUT UNDER THE UMBRELLA TREE

UNDER THE UMBRELLA TREE features the endearing puppet characters Iggy the Iguana, Jacob Blue Jay, Gloria Gopher and their real live friend. The show uses humour to teach children lessons about life and to enjoy the process of learning about themselves and the world. These imaginative stories captivate children young and old with charming characters and fun adventures.

UNDER THE UMBRELLA TREE, which aired on CBC, YTV, Canal Famille, and The Disney Channel, has been nominated for two Gemini Awards (Best Children's Program or Series) and is the winner of the USA Citation of Excellence, the Children's Broadcast Institute Achievement Award, ACTRA Best Children's Program, and The Prix Anik Award CBC.

Please contact: **Zoltan Varadi, DVD Promotions**

KOCH Entertainment

2010 Ellesmere Road, Unit #8

Scarborough, ON M1H 3B1

T- 416-292-8111 ext 238

E- zvaradi@kochcan.com

Manitoba Eco-Network

The Manitoba Eco-Network Water Caucus is organizing free public capacity-building workshops in various communities in Manitoba, with a focus on improving the ability of participants to understand and work on water issues in their area. [The Manitoba Eco-Network, www.mbeconetwork.org, is a non-profit environmental organization based in Winnipeg and the Water Caucus Project was set up to support positive action for improved water stewardship in Manitoba.]

These workshops are generally one day long, with a keynote speaker setting the tone for the day, followed by skill-building sessions. We are hoping to host a workshop in Thompson in March 2009 and are seeking interested individuals and organizations for a preliminary discussion to help determine topics of interest for this workshop, update us on water issues in your community and what is currently being done, as well as highlight any community needs.

The Water Caucus coordinator, Sacha Kopelow, will be in Thompson from October 15-18 for the Northern Harvest conference. She will hold an informal meeting over the lunch hour on Friday, October 17 (in the lunch room)

for anyone interested in helping to shape this future workshop.

She will also have a booth at the conference and be available throughout the conference for discussion.

Thanks for your interest, and please feel free to contact the Water Caucus at anytime.

sacha@mbeconetwork.org Ph: (204) 943-0318.

SCHOLARSHIP



What's your situation? With high school behind you, perhaps you've been accepted to college in the fall but haven't figured out how to pay for it. Maybe you haven't decided on a post-secondary education because you think you can't afford further studies. Perhaps you're in university now, working part-time to keep up with your bills.

If finances are holding you back from the post-secondary education you want, the Canada Millennium Scholarship Foundation may be able to help. The Foundation provides a range of bursaries, awards and scholarships to support dedicated, hard-working students who understand the value of a post-secondary education. These financial offerings are not loans; they do not have to be repaid, and will not increase your student debt. In fact, Foundation programs help you reduce your debt.

Start planning now

Take a few minutes to learn about the financial support available through the Foundation. This information will help you explore the many opportunities college and university can provide, so you can achieve the future you want.

Check out the Foundation's programs:

[Millennium Bursary Program](#)

[Millennium Access Bursary Program](#)

[Millennium Excellence Award Program](#)

[WPC Millennium Scholarship Program](#)

Website:

<http://www.millenniumscholarships.ca>



Cell phone tips In case of Emergency (I.C.E.)

Wow this is such a simple idea but it makes a lot of sense!

This was thought up by an ambulance paramedic who found that when they went to the scenes of accidents there were always cell phones but they didn't know which numbers to call and he thought that it would be a good idea if there was a nationally recognized name to file "next to kin" under.

Following the disaster in London... East Anglican Ambulance Service has launched a national "In case of Emergency (ICE) campaign. The idea is that you store the word "ICE" in your cell phone Address book and against it enters the number of the person that you would want to be contacted "In Case of Emergency". In an emergency situation ambulance and hospital staff will then be able to quickly find out who your next kin and be able to contact them. It's so simple that everyone can do it. Please do. For more than one contact name enter ICE1, ICE2, ICE3.

Executive Director

Hello, my name is Raquel Koenig and I am very happy to announce that I have recently joined the Northern Association of Community Councils. I am the new Executive Director as Tracey has accepted a position with another organization. I had the pleasure of meeting Tracey and working with her for a short period of time. I would like to wish Tracey all the best in her future endeavors.

I would like to take this opportunity to introduce myself and give a little background information. I graduated from the University of Manitoba in May with a Bachelor of Arts, Major in Native Studies. I pursued a Native Studies degree because I want a better future for Aboriginal people. As a graduate of the Native Studies program I am well rounded in historical and contemporary issues affecting Aboriginal people and I believe I can make a difference in promoting greater awareness and understanding of the Aboriginal situation in Canada.

Prior to my studies I worked as a Legal Assistant in the area of Corporate Law for a medium sized law firm in Thunder Bay, Ontario. I am originally from Thunder Bay but I moved to Winnipeg in 2005 with my husband. This summer I will be celebrating my 8th wedding anniversary. Some of my interest are camping, hiking, and running. I participated in the Manitoba Marathon this year in the Relay category. It was a wonderful experience and I am hoping to run the half marathon next year!

Since I started with the NACC, I was very busy with the preparations for our AGM and Community Support Forum. It was a pleasure meeting you all and learning more about your communities.

I would also like to thank the Board of Directors for giving me this amazing opportunity and I look

forward to working with you all and getting to know you all better.

Editor's Corner

This 38th AGM was very motivating one of the best on record according to the Board of Directors. I hope everyone enjoyed their stay at the Marlborough Hotel for this 38th AGM we had 250 attendees including, Mayors and Councillors, CAO, Clerks, Aboriginal & Northern Affairs staff, Community members and Community Council staff, Guest speakers, presenters and Community Support Forum participants.

This year we invited the youth to join in from the three regions. We had a total of 10 youth delegates that joined the Mayor and Councillors Municipal Officials & Administrators Forum held on August 19th put on by Aboriginal & Northern Affairs. They were also invited to join in on the Plenary meeting and Regional meeting to learn more on how Community Councils and NACC operates.

Also last but not least the 4 Youth Advisory Council members were involved in the meeting and volunteering. If you're interested in join the Youth Advisory Council please call the NACC office to get more information.

Article for the Whispering Pines from the Community Councils are placed free of charge so please, please send your articles, events advertisements etc... we will be happy to include them in our next issue in December.

Until next time, I hope everyone enjoy the rest of their fall while it lasts!! **Kathy Frisk**

COMMUNITY SUPPORT FORUM PARTICIPANTS

Aboriginal & Northern Affairs
MB Science, Technology, Energy & Mines
MB Infrastructure and Transportation
MB Housing & Renewal Corporation
Manitoba Hydro
MB Water Stewardship
Aboriginal Business Services Network
Bayline Regional Roundtable
Manitoba Food Charter
NACC's Northern Healthy Foods Initiative
Canadian Red Cross Society
Canadian Cancer Society
RCMP
Residential Tenancies Branch
David Disbrowe, Red Sucker Lake
HTE Canada
Cross Lake Community Council
Patal Vocational School
Frontiers Foundation
Partners for Careers, The Pas Friendship Centre

Northern Healthy Foods Initiative

I would like to take this opportunity to re-introduce myself, Kelly McAuley as the new Northern Healthy Foods Initiative Project Coordinator. I look forward to going on my first visit to the communities and having the opportunity to meet everyone. My goal is to continue to ensure positive development within the communities, particularly related to Northern Healthy Foods Initiatives and Food Security. Please feel free to contact myself at the NACC office with any questions or comments.

Have a safe and happy rest of summer!

Kelly McAuley, Northern Healthy Foods Initiative Project Coordinator

Did you know?

All Community Council meetings are open to the public. Mayor and Council invite community members to sit in the meeting to watch and observe or to join in the discussions of the various issues. Call your council office for their next scheduled meeting.

CAPITAL APPROVAL BOARD

Western Region Rep ~ Alfred Morrissette,

Crane River

Alternate ~ Louis Genaille, Duck Bay

Northern Region Rep ~ Dennis Buck, Moose

Lake

Alternative ~ Nick Benyk, Sherridon

Eastern Region Rep ~ Jeff Ashley, Dauphin

River

Alternative ~ Allan Atlookan, Berens River

Please join NACC in welcoming these

representatives in their new roles.

**Capital Approval Board will be meeting
in Winnipeg on Sept 23-25, 2008**

WITNESS PM'S FORMAL APOLOGY

June 10, 2008

OTTAWA --Harper will apologize to the more than 80,000 aboriginal Canadians 8,700 from Manitoba who are living survivors of residential schools. More than 150,000 aboriginal children were forced into the schools, which started up in the late 1800s and were made compulsory in the 1920s. Fifteen schools operated in Manitoba.

The last school in Manitoba closed in 1980. The schools were run by mostly the Catholic and Anglican churches on behalf of the federal government in an attempt to assimilate native children into mainstream Canadian culture. Students were banned from speaking their own language or practising cultural traditions. Thousands of students also reported physical and sexual abuse. When they tried to speak Cree they were beaten with a ruler or hit with a strap.

More than 100 aboriginal leaders and residential school survivors are expected in the House of Commons for the apology, including 104-year-old Marguerite Wabano, the oldest known survivor. More than a dozen are travelling from Manitoba.

MOVING TO WINNIPEG FOR HIGH SCHOOL??

Restoring the Sacred is Program for you!!!!

Restoring the Sacred is a student/buddy mentorship program that supports High School students from rural & remote communities in their transition to the 'big city'.

Restoring the Sacred is designed to nurture the spirit belonging, mastery, independence and generosity in all participants.

The program operates throughout the academic school year and does continuous enrolment.

If you are interested in enhancing your skills around leadership development, life skills training, and youth empowerment, we would like to hear from you.

For more information please contact:

Lindsay Hourie, Coach/Facilitator

Restoring the Sacred Program

Ka Ni Kanichihk Inc

(204) 953-5820 ext. 24

Email: lhurie@kanikanichihk.ca

The apology comes in addition to a cash settlement reached with survivors that saw former students paid \$10,000 for their first year of residence and another \$3,000 for every additional year. Over 92,000 applications have been received by the federal government for the Common Experience Payment, and 65,350 payments have been made, totaling \$1.34 billion. Almost 20 per cent of the applications have been rejected because of missing records, or because people attended as day students. The government is reviewing more than 10,000 of the rejected files.

This month, the federal government also launched a Truth and Reconciliation Commission, which will spend five years documenting the stories of survivors, former teachers and others to prepare a report, make recommendations to the government and establish an archival centre to make a permanent written record of the schools.

If you're a Manitoba producer looking for assistance,

If you're a Manitoba producer whose operation has been affected by too much or too little rain this year, you should visit your local MAFRI Growing Opportunities (GO) Centre or your MASC office.

Our specialists will provide you with the information and advice you need to look at options, and benefit from the assistance offered by:

- The Manitoba Forage Assistance Program
- The interim payment under the Agri-Stability Program
- The Emergency Cash Advance Program
- Production Insurance
- Feed alternatives advice and feed ration balancing
- Farm financial analysis and advisory service and
- Many other farm business planning services

Visit or call your local GO Centre to get connected with a MAFRI Specialist

Attend a meeting near you

MAFRI is holding a series of meetings throughout the province providing information to help producers look at options and develop plans. Meetings will provide information in accessing assistance and the services offered by their GO Centres. Planned meetings in your area include:

- Oct 9, The Pas, Carrot River Community Hall - 9:00 AM
- Oct 9, MacGregor – MacGregor Seniors Centre - 7:30 AM
- Oct 9, Napinka - Community Hall – 9:00 AM
- Oct 9, Swan River GO Centre - 7:00 PM
- Oct 10, Glenboro – Spruce Woods Inn - 7:30 AM
- Oct 16, Carman Legion - 9:00 AM
- Oct 21, Whitemouth Hall - 7:30 PM
- Oct 22, Beausejour – Brokenhead Rive Rec Complex - 7:30 PM
- Oct 28, LaBroquerie – LaBroquerie Hotel - 7:30 PM
- Oct 29, Vita Rec Centre - 7:30 PM
- Nov 3, Ashern GO Center – 8:00 AM
- Nov 3, Arborg GO Center – 7:00 PM
- Nov 4, Neepawa Legion Hall – 1:00 PM
- Nov 5, Russell Community Centre 1:00 PM
- Nov 6, Cartwright – Drop-In Centre – 10:00 AM

Dec 1, Woodlands Legion Hall – 7:00 PM
Dec 11, Fraserwood Hall – 7:00 PM

For other meeting locations around Manitoba, please visit Manitoba.ca/agriculture or call your local GO Centre.

If you are unable to attend one of these meetings, contact your local GO Centre and learn how you can view the meeting online on your computer.

Find out more

To learn more about how the specialists at your local GO Centre or MASC office can help you grow your operation, visit your local GO Centre today or visit them online at Manitoba.ca/agriculture.

Whispering Pines is a quarterly publication of NACC, which provides an essential means of communication between isolated communities and regions. Whispering Pines has been serving as an information tool of northern communities since the early 1970's. Your comments are greatly appreciated. The next issues are scheduled to be set out as follows December, March, June and September.

Northern Harvest Forum



Greetings:

We are pleased to offer you the opportunity to display an educational booth at *The Northern Harvest Forum; Northern Food from Northern Hands* held October 16-17th in Thompson, Manitoba.

The Manitoba Food Charter Inc. in cooperation with the multi-departmental Northern Healthy Foods Initiative of the Province of Manitoba, the Northern Association of Community Councils, the Bayline Regional Roundtable Inc., Four Arrows Regional Health Authority, and Heifer International are planning this educational and networking food security forum.

The event will feature educational displays October 16th -17th.

The forum will include hands-on workshops such as northern food production, raising chickens in the north, northern gardening, food preservation, mobilization and strategic planning for communities.

This event will showcase existing local food sources, health and nutrition, and highlight food security projects and initiatives developed to assist northerners to grow good food for northerners in Manitoba.

We look forward to receiving your application to display at this exciting event.

Sincerely, Erin Wilcox Northern Liaison, Manitoba Food Charter

Workshop Choices

Thursday Morning (Please pick one choice for Slot A and one for Slot B)

Time Slot A: Agriculture Programming for Youth
 Composting

Time Slot B Healthy Cooking
 Hydroponics & Aquaponics

Thursday Afternoon: Will be Repeated Friday Afternoon (Please make one choice)

Time Slot C- Food Processing and Storage
 Northern Livestock
 Gardening in the North: Traditionally and Currently

Thursday Evening

World Food Day Banquet

Friday Morning

Time Slot D

Making A Food Project Plan With My Community

Time Slot E Northern Food Project Presentations and Discussion

Friday Afternoon: (Repeat of Thursday Afternoon please make one choice)

Time Slot F

Food Processing and Storage
 Northern Livestock
 Gardening in the North: Traditionally and Currently

Whispering Pines The next issue of Whispering Pines will be published in the winter of 2008. Articles for December's issue should be submitted by November 15th. Articles submitted from the Communities are placed in the Whispering Pines free of charge! So please send your articles today.

Lock Out Crime

How to keep your home – and your family – safe and sound

Many of us are concerned about the safety of our home and our community. A common type of crime is breaking and entering or burglary. While many break-ins occur when home occupants are away, burglaries can also take place when you are at home, at any time of the night or day.

To help you keep your house and your family safe and sound, Canada Mortgage and Housing Corporation (CMHC) offers the following steps you can take to lock crime out of your home:

- Make sure your lighting and landscaping offer a clear view of your house from the street.
- Keep your windows and doors free of trees, bushes or other obstructions that could provide a hiding place for someone trying to break in. Entrances with good visibility and good lighting let thieves know that your home is not an easy target.
- Secure all doors with good quality deadbolt locks.
- When choosing a deadbolt, make sure that part of the bolt remains in the lock even when it is fully extended
- For fire safety measures, ensure the deadbolt lock can be unlocked without keys from the inside.
- To further secure the entrances to your home, protect the hinge pins on all doors so they can't be removed from the outside.
- To secure patio doors, consider installing a Jimmy plate or adding safety bars and auxiliary locks.
- Install a viewer in your front door and use it to see who is there before you open it.
- If you are spending long periods of time away from home, inform your relatives.

For more information on how to protect your house or for a free copy of any of the "About Your House" series of fact sheets on owning, maintaining or renovating your home, ask visit our website at www.cmhc.ca, or call CMHC at 1-800-668-2642. For more than 60 years, Canada Mortgage and Housing Corporation (CMHC) has been Canada's national housing agency, and a source of objective, reliable housing expertise.

For story ideas or to access CMHC experts or expertise, contact CMHC Media Relations -
Whispering Pines

National Office at: (613) 748-4684 2 or by e-mail: media@cmhc-schl.gc.ca



PUBLIC MEETINGS

Manitoba Hydro invites you to join us to hear about our many services, activities and exciting projects. We welcome you to share any questions or comments you might have.

The meetings will be held as follows:

**Thursday, October 9, 2008
7:00 pm the Russell inn
Highway #16
Russell, MB**

**Thursday October 30, 2008
7:00 pm
Manitoba Hydro Head office
820 Taylor Ave
Winnipeg, MB**

Events Calendar

NACC 38th AGM & Community Support Forum

Continued from page 1



The **AGM** took place on **Wednesday, August 20** with nominations for President which took place on the first day of the AGM. The second day of the AGM took place on **Thursday, August 21** starting at 9 am., with presentation by Chief Ross from The Pas on Business Development in the North, Manitoba Hydro, Bi-Pole, Bayline Regional Round Table and NACC's-Northern Health Foods Initiative. In the afternoon Resolutions were presented to the floor from the three regions.

Announcements were made for the re-elected President Reg Meade for his third term along with incumbents elected to Board for another three year term Chairpersons Helgi Einarsson, Anne Lacquette and Frances McIvor and the newly elected Northern Secretary/Treasurer, is Martha Chartrand from Pikwitonei.

During the conference we celebrated our **Open House** on **Tuesday, August 19** with a Meet & Greet the entertainment was three young Fiddlers from Wabowden who showcased their talent from 8:00 to 8:30 pm in Churchill's Dining Room. The **Social** was on **Wednesday, August 20** yes during the week with the Band Highway 373 from Norway House, Manitoba. Thank you to all entertainers for a great job!

NACC would also like to send out a special thank you to Ray Irvine for voluntarily acting as the Electoral Officer.

Manitoba Aboriginal and Northern Affairs (ANA) hosted a day of information for communities at the 38th NACC Annual General Meeting and Community Support Forum on Tuesday, August 19, 2008. Minister Oscar Lathlin and Executive Director Freda Albert provided opening remarks for the day. Information was provided on the following topics:

1. Introduction to Asset Reporting by Leanne Kowal
2. Financial Safeguards by Angel Anderson
3. Aboriginal Affairs Secretariat – Consultation Unit – by Chris Henderson and Loretta Bayer
4. Manitoba Works Introduction – by Monique Kisil
5. Northern Youth Empowerment – by Ray Irvine
6. Volunteer Fire Fighter Insurance – by Paul Doolan and Mike McAndless
7. Northern Water Smart Safety – by Carl Shier
8. Employee Wage Parity Strategy – by Freda Albert
9. Northern Healthy Food Initiative – by Jeff Gordon

An information package with copies of these presentations will be sent to each community. The Community Years of Service and Service Excellence Awards were also presented. Communities not in

attendance at the conference will be sent their awards at a later date. Manitoba Aboriginal and Northern Affairs would like to thank all those in attendance and congratulate NACC on another successful conference.

Please mark your calendars, "10th Annual Matheson Island Fishing Derby 2009 will be held March 7, 2009." More information will be available in the next issue of the Whispering Pines.

The Board of Director would like to thank the staff members Raquel Koenig, Kathy Frisk, Kelly McAuley and Warren Sanderson for all their hard work at the AGM.

Youth Advisory Committee (YAC) for volunteering at the AGM and they are as follows: Amanda Lathlin, Francine Young, Brandy Buylcz and Lester Constant, Youth Delegations, Volunteers, Diane DeLaronde, and Jennifer Scherban.

NACC would like to personally thank the following contributors:
CONFERENCE
SPONSORSHIP



Manitoba Aboriginal & Northern Affairs
Manitoba Housing & Renewal Corp.
Manitoba Science, Technology Energy & Mines
Manitoba Infrastructure & Transportation
Anokiwiin Training Institute

Whispering Pines



DONATION SILENT AUCTION & DELEGATES BAGS



Cabela's



Manitoba Public Insurance Société d'assurance publique du Manitoba

Aboriginal & Northern Affairs
Barbara Marcyniuk, Dallas/Red Rose
Bayline Regional Round Table
Canada/Manitoba Infrastructure Program
Canadian Cancer Society
Canadian Red Cross
Chandler McLeod, Seymourville
Cross Lake Community Council
Dallas/Red Rose Community Council
David Disbrowe, Red Sucker Lake
Derksen Printers
Destination Winnipeg
Einarsson Guide & Travel Services
Manitoba Food Charter
Manitoba Museum
Matheson Island Community Council
MB Hydro
Peace Hills Trust
The Candy Bar

Travel Manitoba

NACC Summer Student

I was hired in a summer term position at NACC, and although this is my first experience as an Administrative Assistant, I thoroughly enjoyed my stay. I emphatically express my gratitude for the casual association with these interesting people. If you were one of the lucky delegates to witness this year's polished AGM you may have noticed some guy hobbling around the lunch tables. That was me; yes I still have four legs.

A part of my tasks included filing. A task that included leafing through about 20-25 boxes of documents, hidden in the back room. These boxes were filled with years of correspondence, minutes, pamphlets, awareness campaigns from varying organizations that exist, recently deceased or considered futile. I was struck with the transient nature of the task. Stationary of all types shuffled through my fingers, brittle newspaper clippings, yellowed manual type writer paper (deeply etched by the font), to modern crisp brilliantly white laser copy paper. The language changed with it, each flavor of terms used was a gustatory bite of the generation. I figure this all reflects our growing collective consciousness as we emerge from newsprint to the internet age. Angered words and well-reasoned assertions rebounded between diplomatic response and often artfully vague replies. I began to appreciate and despise the bureaucracy of conflicting agendas that belies the existence of small communities. Real people being flooded shut out of decisions, jobless while navigating poorly maintained winter roads. Amidst the titles and the changing people that fill them, essentially ink and ideas as I tried to characterize this task, another thought came.

I am not witnessing merely ink and ideas, but the essence of good will and caring, something altruistic in nature. Resolve and the call of responsibility for others is what are behind the pen. These people take on tasks that are often tiring fights against corporate interests with momentum. Often Thankless tasks, because who really remembers the hours of writing

besides the few like me who have access to them. The issues shift, but somehow stay the same being that our water and mother earth matters, the right to a proper education is basic, our livelihood is something that should be planned around, our freedom to information and broadband internet is universal. These benefits are not to be hoarded but shared freely and equally. Since often what is at stake is not merely wealth, but a stake in being included in future matters. Ultimately a stronger north is a stronger Manitoba. I hope a few readers will be inspired to share these battles, whether by letter or volunteerism. A letter to your three levels of government or your NACC representative would accomplish this. I'll finish my petition for action by leaving readers with three proverbs and a quote.

Do not protect yourself by a fence, but rather by your friends.

Behind every great fortune there is a crime.

Good people do not need laws to tell them to act responsibly, while bad people will find a way around the laws.

"We cannot solve our problems with the same thinking we used when we created them."-Albert Einstein

Submitted by: Warren Sanderson

Hi all:

Thank you very much for having me volunteer at your meetings. It has been a pleasure working here. I'm glad you all got your positions again for another term and I know that with your experience and knowledge the NACC will have great leaders once again.

Thank you very much for everything and I will see you all again next year!

Sincerely, Tara Lacquette

Message from one of the Youth Delegates



About Frontiers Foundation (Manitoba)

With start-up assistance and blessing of the Canadian Council of Churches, Rev. Charles Catto, founded Operation Beaver in 1964 to assist northern Aboriginal communities to address their urgent housing needs. In 1968 Operation Beaver incorporated as Frontiers Foundation, a registered Canadian Charity. Since 1964, they have built or renovated over 2350 homes and public buildings in First Nation and off-reserve northern communities. Frontiers Foundation works with communities to use whatever resources they have. These resources include the forest around them, the salvageable frames and foundations of dilapidated housing stock and the local people. Youth, potential home owners, fine options, local labourers and trades people, social recipients, have all assisted in Frontiers projects. Many of Frontiers projects involve timber harvesting and sawmilling. Although Frontiers builds mostly frame houses, they have also taught log building construction which has resulted in beautiful homes, trap lines, cabins, and public buildings.

This year, four government departments contributed grant money to establish Frontiers Foundation in Manitoba, to begin projects in the summer of 2008. Frontiers Manitoba staff are: Brian Monkman, Projects Manager, (367-9591); Nora Ross (223-9136) of Berens River is our National Board Rep and Provincial Chairperson, Martin Strauss (489-4537) is our Finance person and TJ Taras Machula is the Interiors & Renovation Manager (221-5209) Email: tmachula@hotmail.com Website: www.frontiersfoundation.ca Office Ph: (204) 926-8129 Fax: (204) 488-1174

OSHKI PHOTOGRAPHY

“Oshki” means new or young in Ojibwe.

Oshki Photography is located on the same floor as the NACC office.

They cater to communities, schools, meaningful events and individuals. The prices that is reasonable enough for you to go out of your way to call and enquire about. They have instant feedback on a 20” screen for proofing.

Oshki can do some pretty amazing things, such as, background changes, turn old damaged pictures to new, impose many pictures to a collage with a theme and Aboriginal backdrops. As well as, much more than your usual store can promise! Treaty pictures, Passports, key chains, photo mugs, provide DVD’s. They can also track your orders online and provide free healing touch ups.

Oshki will travel to your community to serve your needs, but can also do the work online. Examples can be found online, but not limited to them. Your order is as large as your imagination!

Location:

Oshki Photography

752-331 Smith Street

Winnipeg, MB R3B 2G9

Phone: (204) 295-9986 for service, or also visit the Website:

oshki.com then go to index

Email address: info@oshki.com

Tell them NACC sent you!

EMPLOYMENT

Regional Recruiter, Burntwood Regional Health Authority
867 Thompson Drive, South Thompson, Manitoba R8N
1Z4 Telephone: (204) 778-1455 Fax: (204) 778-
1518 Email: recruiter@brha.mb.ca

Aboriginal applicants are encouraged to self declare when submitting applications and resumes.

Visit Our Website: www.brha.mb.ca

NORTHERN HEALTH IN NORTHERN HANDS

CHILDREN'S PAGE

Egg in a Boat

Originally submitted by Vicki and modified by Kaboose.com

This sunny-side-up skillet breakfast is sure to brighten your kids' day. A slice of bread with a hole in the middle is browned in a skillet and an egg is dropped into the center and cooked to perfection.

Ingredients

- "1/2 tablespoon butter
- "1 slice white or brown bread
- "1 egg

Cooking Instructions

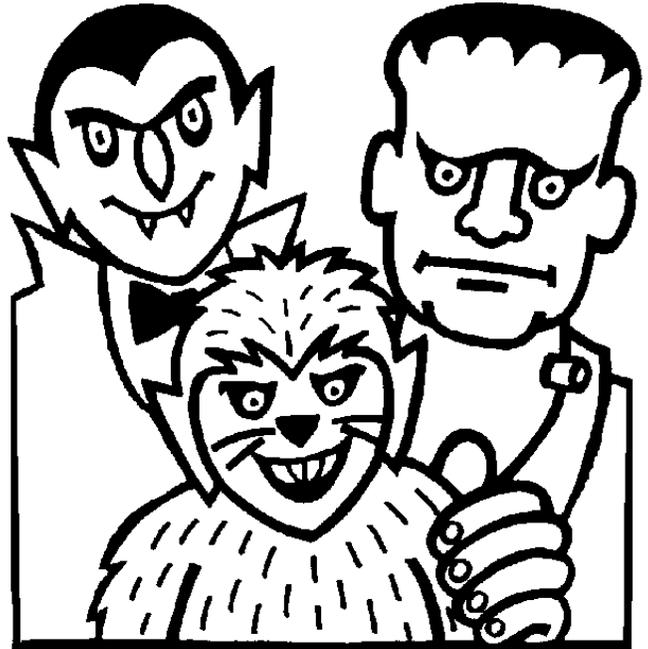
- 1.Butter both sides of bread. Cut a circular hole in the center of the slice of bread, about 2-1/2 inches in diameter.
- 2.Heat a frying pan or griddle on medium-high heat. When the frying pan is hot, place the bread into the pan and let it brown for one minute. Flip the toast over and let the other side brown for one minute.
- 3.Break the egg into the hole in the bread. Cook for 2 minutes, or until the egg is cooked to the consistency you prefer.

Nutrition Facts

Servings per Recipe: 1

Amount Per Serving

- calories: 192cal
- total fat: 11.7g
- cholesterol: 228mg
- sodium: 256mg
- carbohydrates: 13g
- fiber: 0.6g
- protein: 8.4g



The NACC Board of Directors would like to wish everyone a Happy Thanksgiving!!!